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Section 10

Additional  
Resources

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# Allergy Products

## **Allergy Asthma Technology Ltd**

www.allergyasthmatech.com

1-800-621-5545

## **Allergy Control Products**

www.allergycontrol.com

1-800-422-DUST

# Smoking Cessation Clinics

(February 12, 2001 All clinics are subject to change please call location for meeting times and fees)

## *Chicago*

### **Advocate Bethany Hospital**

3425 West Van Buren

Chicago, IL 60624

1-800-323-8622

Weekly for six weeks. FREE

### **Chicagoland Quit Smoking**

University of Illinois at Chicago

1007 West Harrison Street

Chicago, IL 60607

(312) 355-2153

This is an ongoing, 12 week program, must register

### **Cook County Hospital: Fantus Clinic**

1835 West Harrison

Chicago, Il 60612

(312) 633-5626

Contact Yasmen, meets on Mondays and Wednesdays, initial visit one hour

### **VA Lakeside Medical Center**

333 E. Huron Street

Chicago, IL 60611

(312) 943-6600, Ext 4004

Contact Frances, meets on Tuesday mornings at 10 a.m., veterans only

**Northwestern Wellness Institute:**

**Smoke Stoppers Program**

Northwestern Memorial Hospital

240 E. Ontario

Chicago, IL 60611

(312) 926-8400

E Mail: Wellness@nmh.org

Contact Carol Southard

Free informational seminar available twice per month

**Wellness Source Center:**

**Self-Hypnosis/Hypnotherapy**

30 N. Michigan, Suite 1627

Chicago, IL 60602

(312) 236-7637

Contact Arlene Englander

**Advocate Illinois Masonic Medical Center**

836 W. Wellington

Chicago, IL 60657

(773) 296-5020

Contact Sandra Rowe, Volunteer & Community Services

No registration required

**Stop Smoking By Telephone:**

Dr. Sheldon Greenberg

Grant Hospital

550 W. Webster

Chicago, IL

(773) 883-3554 Or (773) 561-3365

No Medicare or public aid

**Dr. Green, Limited**

500 N. Michigan Avenue, #542

Chicago, IL 60611

(312) 266-1456

Individualized programs

Contact Gerald Green

## *South/Southwestern/West Suburbs*

### **Advocate Christ Medical Center**

4440 W. 95th Street  
Oak Lawn, IL 60453  
(708) 346-3065

Contact: Dave Hurley. Both teen and adult sessions. Four one-hour sessions.

### **St. James Hospital**

1423 Chicago Road  
Chicago Heights, IL 60411  
(708) 756-1000, Ext 6461

Contact: Linda Vitkauskas. By appointment only

### **St. Francis Hospital**

12935 Gregory  
Blue Island, IL 60406  
(708) 597-2000, Ext 4222

Contact: Dina. For teens only.

### **Chicagoland Quit Smoking**

Hines VA Hospital  
Hines, IL 60141  
(708) 343-7200, Ext 2832

For Vets Only, No Fee

### **Elmhurst Memorial Hospital**

#### **Freedom From Smoking**

200 Berteau  
Elmhurst, IL 60126  
(630) 782-7878

Three day program, held every two weeks on Thursday evenings

### **Hinsdale Hospital**

#### **New Day Center**

121 N. Elm St.  
Hinsdale, IL 60521  
(630) 856-7724

Contact: Katherine Chapell.

### **Loyola University Medical**

#### **Stop Smoking Program**

8601 W. Roosevelt Road  
Forest Park, IL 60130  
(708) 216-0585

# Chicagoland Intergroup Of Nicotine Anonymous

P O Box 784 Northbrook, IL 60065

Nicotine Anonymous Information Line 312.458.9826

There are no dues, no fees, and no professionals involved in nicotine anonymous.

## *Meeting Times And Locations:*

- |                     |   |
|---------------------|---|
| Sunday 7 p.m.       | Hinsdale New Day Center<br>121 N. Elm-Elmwood Hall<br>Contact Number: 708.442.8330  |
| Monday 6 p.m.       | Rush Cancer Center<br>8915 Golf Rd<br>Niles (west of Milwaukee Avenue) – 2nd Floor Conference Room<br>Contact: Martina K. 847.297.1773                |
| Monday              | Belvidere – Salvation Army<br>422 S. Main St.<br>Contact: Mark 815.562.8215   |
| Tuesday 7 p.m.      | South End Alano Klub (SEAK) – side entrance, upstairs<br>2508 W. Collins Street (2500 West, 12600 South)<br>Blue Island<br>Contact: Mary 708.923.1525 |
| Wednesday           | River Edge Hospital<br>8311 Roosevelt Rd – North Conference Room<br>Contact: Steve 708.445.1198   |
| Wednesday 7 p.m.    | North Shore Alano Club<br>607 Lake Street<br>Evanston<br>Contact: Michael 847.328.2123  |
| Wednesday 7:30 p.m. | First Congregational Church<br>Downstairs, corner 4th and Hamilton,<br>Geneva<br>Contact: Jim 630.232.9266  |

- Thurs 12 noon            4th Presbyterian Church  
126 E. Chestnut – corner of Michigan and Chestnut  
Chicago – lower Conference Room  
Contact: Jim 773.878.0948
- Thursday 7 p.m.        Edward Community Building  
516 S. Washington – Room C  
Naperville  
Contact: Beth 630.961.4944  
Meets every other week only
- Thursday 7:30 p.m.    Christ Lutheran Church, lower level  
41 S. Rohlwing Rd, Room 10  
Palatine (2nd church south of Palatine Road)  
Contact: Eric 847.658.7024
- Friday 5:30 p.m.        4th Presbyterian Church  
126 E. Chestnut – corner of Michigan and Chestnut  
Chicago – lower Conference Room  
Contact: Jim 773.878.0948
- Saturday 11 a.m.        Presbyterian Church of Highland Park  
300 Laurel Ave  
Highland Park – First Floor, Library  
Contact: Barbara 847.623.1009
- Saturday 12 noon        Irving Park Lutheran Church  
3938 W. Belle Plaine Ave., 3rd Floor  
Chicago – enter at SW side of building  
Contact: Brent 708.660.1262

For information on meetings in the Milwaukee area, call 414.299.9775.

To reach the National Organization of Nicotine Anonymous, write to:

Nicotine Anonymous  
P O Box 126338  
Harrisburg, PA 17112

Nicotine Anonymous can also be reached on the internet at: [www.Nicotine-Anonymous.Org](http://www.Nicotine-Anonymous.Org)

**Try Nicotine Anonymous!!**

You have nothing to lose and “Freedom From Nicotine” to gain!  
When you can’t breathe, nothing else matters.

# Organizations / Websites for Asthma

## **Advocate Health Care**

[www.advocatehealth.com](http://www.advocatehealth.com)

1.800.3.ADVOCATE

## **Advocate Bethany Hospital Classes and screening**

[www.advocatehealth.com/sites/hospitals/beth/education.html/](http://www.advocatehealth.com/sites/hospitals/beth/education.html/)

## **Trinity Education classes**

[www.advocatehealth.com/asthma/](http://www.advocatehealth.com/asthma/)

## **Trinity Breathing Easier**

[www.advocatehealth.com/magazine/win00/trin3.html](http://www.advocatehealth.com/magazine/win00/trin3.html)

## **Chicago Asthma Consortium**

400 N. May St.

Chicago IL 60622-6480

Phone 312.243.1560

Fax 312.243.2656

[www.chicagoasthma.org](http://www.chicagoasthma.org)

Email: [info@chicagoasthma.org](mailto:info@chicagoasthma.org)

## **American Academy of Allergy Asthma and Immunology**

[www.aaaai.org](http://www.aaaai.org)

## **Patient Resource center**

[www.aaaai.org/public/](http://www.aaaai.org/public/)

## **National Heart Blood and Lung Institute**

[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

## **American Lung Association**

1740 Broadway

NY, NY 10019

212.315.8700

[www.lungusa.org](http://www.lungusa.org)

## **WebMD**

[www.my.webmd.com](http://www.my.webmd.com)

## **GlaxoSmithKline**

1.877.435.4946

[www.ibreathe.com](http://www.ibreathe.com)

[www.healthy lives.com](http://www.healthy lives.com)

1.877.435.4946

## **Merck & Co. Inc**

[www.singulair.com](http://www.singulair.com)