



Advocate Childhood Trauma Treatment Program (CTTP) Multidisciplinary Specialty Assessment (MDSA) Services

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What is a MDSA? A Multidisciplinary Specialty Assessment (MDSA) is a specialized psychological testing process and report that provides greater diagnostic information, deeper understanding of the individual's difficulties and functioning, and improved treatment planning for children and adolescents with complicated treatment needs. Children and adolescents who reside in Illinois are eligible to receive MDSA services. A MDSA is supervised by a licensed clinical psychologist, incorporates information from a recent psychiatrist visit, and utilizes information from the patient's current caregivers and other current significant or treatment team members.

What is the cost? **MDSAs are free of charge** to clients and treating agencies or providers that meet the criteria.

Who is eligible to receive an MDSA? A child or adolescent must meet all four of the following criteria:

- A. Child or adolescent has or is suspected to have a DSM-IV Axis I diagnosis or diagnoses **AND** has or is suspected to have had sexual abuse or sexual behavior problems (either as a victim or has committed sexual acts with another child or has sexual behavior problems, or both).
- B. Child or adolescent should be in outpatient counseling or psychotherapy at the time of referral. There may be some situations where this is not mandatory. However they must have a plan, referral, or appointment for therapy or counseling to occur in the near future.
- C. Child or adolescent must have a history of mental health treatment/interventions that have not been successful, and the client is not progressing or improving in the treatment/s.
- D. Child or adolescent's caregiver must bring them to a single no-cost session with a psychiatrist at Advocate Illinois Masonic Medical Center, located in the Lakeview area of the north side of Chicago.

What are the goals of a MDSA report? A). To provide greater understanding of the child/teen's current functioning and difficulties to the child's caregivers and treatment team; B). To incorporate the child, their caregivers, and other treatment team members in the assessment process; C). To present testing results in a user friendly (not simply using psychological "jargon") and clear manner that is helpful; D). To indicate current treatment needs and provide effective treatment recommendations and direction to assist the treatment team and enhance treatment planning.

To obtain our MDSA services, please contact our Intake Department at 1-800-216-1110.

Advocate CHILDHOOD TRAUMA TREATMENT PROGRAM

Reaching out to the community since 1979, the ADVOCATE CHILDHOOD TRAUMA TREATMENT PROGRAM provides a range of specialized services. Our mission statement is to provide and teach clinicians to deliver quality outpatient behavioral health care assessments, counseling, and psychotherapy for children, adolescents, and families that have experienced maltreatment, psychological trauma, sexual abuse, and sexual behavior problems.

Individuals can be referred to CTTP under our DCFS Post Adoption, Counseling/Sex Abuse, and SACY contracts. We offer contracts to private social service agencies and accept most HMO/PPO health insurance plans. CTTP **IS NOT** contracted with Medicaid.

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Visit our website at www.advocatehealth.com/familycarenetwork