

## Services

**Screening and Referral:** We provide initial screening of reported problems and concerns and make appropriate referrals, when indicated. Screening evaluations include a clinical interview with the medical director and/or a case manager.

**Clinical Case Management:** Each health care professional is assigned a case manager who facilitates, coordinates and documents the professional's compliance with an IPHP Agreement. Therapeutic contact at regularly prescribed intervals is designed to enhance the professional's support network and accountability. Documentation of this process allows us to provide an objective and verifiable record of the participant's recovery and/or treatment.

**Consultation:** We provide consultation and guidance to anyone who is concerned about the health and functioning of a health care professional residing or practicing in Illinois, including employers, colleagues, hospital administrators, nurse administrators, medical staff officers, physician wellness committees, and family or friends.

**Advocacy:** Documentation of compliance with the IPHP Agreement allows us to advocate for the professional. When requested and appropriate, we may appear in person on behalf of the professional.

## Gifts and Contributions

The Illinois Professionals Health Program is in part dependent on the generosity of those who we serve. For more information about contributing to the Illinois Professionals Health Program, please contact Advocate Charitable Foundation at 847-723-8899, [www.advocatehealth.com/amg/about/locations/iphp](http://www.advocatehealth.com/amg/about/locations/iphp).

## Program Credentials

The Illinois Professionals Health Program (IPHP) is a state-wide program of Advocate Medical Group sponsored by the Illinois State Medical Society, ISMIE Mutual Insurance Company, and other health professional organizations. The Illinois Department of Financial and Professional Regulation has approved the IPHP as a monitoring and support service and routinely refers health care professionals for participation in the IPHP.

## Referrals

A 24-hour HelpLine is available to address urgent concerns from anyone regarding a health care professional, including hospital administrators, employers, colleagues, treating clinicians, family or friends. Involvement in the IPHP is voluntary.

If you or someone you know could use the services of IPHP, please call:

**24-Hour HelpLine: 1-800-215-4357**

## Fees

Our fee schedule is formulated with awareness of the limitations frequently facing healthcare professionals. Oftentimes our fees are covered through contracts with our stakeholders (such as ISMIE Mutual Insurance Company) and/or individual hospitals.

**Illinois Professionals Health Program  
For More Information Call:  
1-800-215-HELP (4357)  
[www.advocatehealth.com/IPHP](http://www.advocatehealth.com/IPHP)**

701 Lee St., Suite 100, Des Plaines, Illinois 60016-4545  
Phone: 847-795-2810 Fax: 847-795-2847



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# ILLINOIS PROFESSIONALS HEALTH PROGRAM

Support. Guidance. Education.



[www.advocatehealth.com/IPHP](http://www.advocatehealth.com/IPHP)



## Purpose and Goal

The Illinois Professionals Health Program (IPHP) was founded by a group of concerned physicians who were committed to assisting, supporting and aiding other health care professionals. We are aware that health care professionals sometimes find themselves in difficult, challenging and unanticipated situations which may appear to be without viable sustainable options. Our goal is to assist, guide and advocate for our participants so they can attain and maintain overall wellness while safely practicing in their chosen profession. We strive to accomplish these goals by effectively addressing any physical, emotional and/or behavioral problem which might interfere with their ability to live rich, meaningful and satisfying professional and personal lives.

The IPHP has **no disciplinary role or authority**. Our activities are solely related to advocacy, education, wellness and support.

## Mission

The mission of the Illinois Professionals Health Program is to support and guide Illinois health care professionals to wellness and healing, thereby promoting safe professional practice and enriching the lives of healers and their patients.

## Confidentiality

Confidentiality is one of our core commitments. All of our communication, contacts and interactions are consistent with this commitment. We can only release information with the explicit authorization of our participants. Our offices are discreetly located in an office building in downtown Des Plaines, Illinois, which can be directly accessed via an attached parking garage and/or public transportation.

IPHP complies with the Federal Confidentiality Regulations 42 C.F.R., Part 2.

## Staff

The IPHP is composed of a professional staff experienced and trained to handle and manage a number of health issues. Under the leadership of our board certified psychiatrist medical director, our team consists of licensed case managers who are also certified in addictions and professional counseling and experienced support staff.

## Concerns Addressed

In today's practice environment, health care professionals are increasingly encountering stressors and challenges which may adversely affect their safe practice and performance. IPHP can serve as a gateway where these factors can be identified and appropriate interventions and treatments implemented. We are then positioned to provide case management, support and advocacy.

The difficulties and challenges our referrals and participants typically face include allegations or actual instances of addictions of all kinds, disruptive behavior, boundary violations, sexual misconduct, burn-out, physical and emotional illness, and stress related problems.

## Who Do We Serve?



The program is available to assist and advocate for a number of health care professionals including:

- Physicians
- Nurses
- Dentists
- Pharmacists
- Pharmacy Technicians
- Veterinarians
- Chiropractors

Our referrals and participants are in all phases of the career cycle, from training through retirement.