

**GOOD SHEPHERD HOSPITAL  
GOOD SHEPHERD HOSPITAL HEALTH & FITNESS CENTER  
COMMUNITY CPR CLASSES 2008**

Thank you inquiring about the CPR programs available at The Good Shepherd Hospital Health and Fitness Center located at 1301 South Barrington Road. Good Shepherd Hospital is dedicated to meeting the needs of the community by offering a variety of American Heart Association classes. Learn the most up-to-date information from experienced American Heart Association Instructors and practice skills in a relaxed learning environment.

**FAMILY & FRIENDS CPR (class code – 3C11)**

Participants will learn how to perform CPR, and how to relieve a foreign-body airway obstruction for an adult, child and infant. This class is ideal for parents, expectant parents, grandparents and any other family member and friends.

\*A class participation card will be provided for this class and not a course completion card.

<i>WHEN:</i>	Friday, January 18 <sup>th</sup> , 2008	6:00-9:00PM
	Saturday, January 26 <sup>th</sup> , 2008	9:00-12:00PM
	Saturday, February 16 <sup>th</sup> , 2008	9:00-12:00PM
	Friday, February 22 <sup>nd</sup> , 2008	6:00-9:00PM
	Friday, March 7 <sup>th</sup> , 2008	6:00-9:00PM
	Saturday, March 15 <sup>th</sup> , 2008	9:00-12:00PM
	Saturday, April 12 <sup>th</sup> , 2008	9:00-12:00PM
	Friday, April 26 <sup>th</sup> , 2008	6:00-9:00PM
	Friday, May 9 <sup>th</sup> , 2008	6:00-9:00PM
	Saturday, May 24 <sup>th</sup> , 2008	9:00-12:00PM
	Friday, June 13 <sup>th</sup> , 2008	6:00-9:00PM
	Saturday, June 21 <sup>st</sup> , 2008	9:00-12:00PM

*WHERE:* Good Shepherd Hospital Health & Fitness Center

*COST:* \$25 per person, text included.

**HEARTSAVER AED (class code – 3C21)**

Prepares people to provide CPR and use an AED in a safe, timely and effective manner. This course is intended for people with limited or no medical training that need a credential in CPR and/or the use of an AED (ie. first responders, day care providers, and teachers). This course includes adult, child and infant rescue skills. There are no specific prerequisites to take this course.

\*A course completion card is provided at the end of this course after passing a skills demonstration.

<i>WHEN:</i>	Wednesday, February 13 <sup>th</sup> , 2008	6:00-9:30PM
	Wednesday, May 14 <sup>th</sup> , 2008	6:00-9:30PM

*WHERE:* Good Shepherd Hospital Health & Fitness Center

*COST:* \$45 per person, text included.

### **BASIC LIFE SUPPORT FOR HEALTHCARE PROVIDERS (class code – 3C13)**

Prepares healthcare professionals to recognize several life-threatening emergencies and how to provide 1 & 2 person CPR, use an AED and relieve choking in a safe, timely, and effective manner. This course includes adult, child, and infant rescue skills. The class is intended for anyone who needs to know how to perform CPR in an out-of-hospital and in-hospital healthcare setting. There are no specific prerequisites to take this course.

\*A course completion card is issued at the end of this course after passing both a written and skills test.

*WHEN:*            Wednesday, January 23<sup>rd</sup>, 2008            9:30-2:30PM  
                         Wednesday, April 16<sup>th</sup>, 2008            9:30-2:30PM  
                         Wednesday, June 4<sup>th</sup>, 2008            9:30-2:30PM

*WHERE:*            Good Shepherd Hospital Health & Fitness Center

*COST:*            \$75 per person, text included

### **BASIC LIFE SUPPORT FOR HEALTHCARE PROVIDERS RENEWAL (CLASS CODE – 3C28)**

For individuals who have previously completed the Basic Life Support for Healthcare Providers course and are within the required renewal period of two years. A current American Heart Association Healthcare Provider card or Healthcare Provider Renewal card must be presented at the time of the class in order to participate in the class.

\*A course completion card is issued at the end of this course after passing both a written and skills test.

*WHEN:*            Wednesday, March 19<sup>th</sup>, 2008            6:00-9:30PM  
                         Wednesday, May 21<sup>st</sup>, 2008            6:00-9:30PM

*WHERE:*            Good Shepherd Hospital Health & Fitness Center

*COST:*            \$55 per person, text included

#### **Before Registering:**

- Read the course descriptions carefully, if unsure which course to register for contact your employer, licensing and/or certifying organization for requirements.

#### **To Register:**

- Call Health Advisor at 1-800-323-8622
- Use the mail in registration form and send it along with payment to:

Good Shepherd Hospital  
Health Advisor  
2025 Windsor Drive  
Oak Brook, IL 60521

- Online at [www.advocatehealth.com](http://www.advocatehealth.com) then go to “classes and screenings” and use the four digit class code as the “search” keyword for easy registration.

Fees must be paid for registration to be confirmed. Upon receipt of your payment, you will receive a confirmation letter. Please register early and mark your calendar.

## MAIL IN REGISTRATION

Name of participant(s) \_\_\_\_\_

\_\_\_\_\_

Address of participant \_\_\_\_\_

\_\_\_\_\_

Phone number HOME \_\_\_\_\_ WORK \_\_\_\_\_

Class name \_\_\_\_\_

1<sup>st</sup> Date Choice \_\_\_\_\_ 2<sup>nd</sup> Date Choice \_\_\_\_\_

Form of Payment:

Check Amount Enclosed \_\_\_\_\_

Credit Card Amount Charged \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration \_\_\_\_\_

Signature \_\_\_\_\_

Send this form along with payment to:  
Good Shepherd Hospital  
Health Advisor  
2025 Windsor Drive  
Oak Brook, IL 60521

**A 25% cancellation fee will be assessed.**