

### Visitors:

Two visitors over the age of twelve are permitted per patient.

You may stay with your child in pre-surgery until he/she goes into the operating room. During surgery your child may receive intravenous fluids (an IV) providing hydration, medication for pain relief, or medication for nausea. The IV is usually placed and started in the operating room after your child is asleep. The pediatric anesthesiologist will stay with your child before the procedure, during the entire procedure, and will follow-up with your child after the procedure.

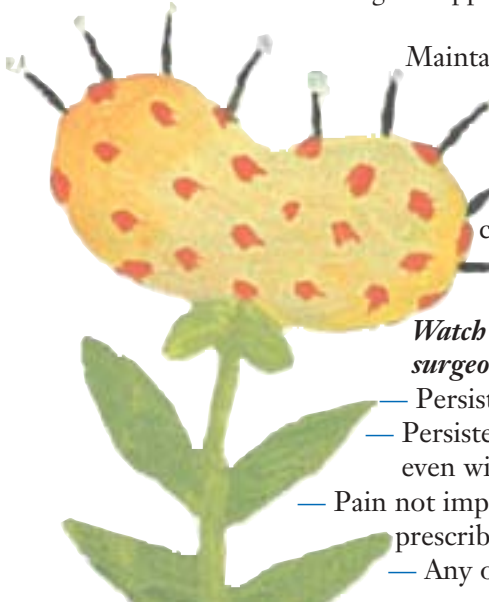


### After surgery

Parents will be reunited with their child as soon as possible.

Children may react differently to anesthesia. They may:

- be very irritable after surgery due to anesthesia — do not be alarmed
- be alert/awake one minute and feel dizzy/drowsy the next
- look flushed and feel warm for several hours post-operatively
- not have a good appetite for a few hours after surgery



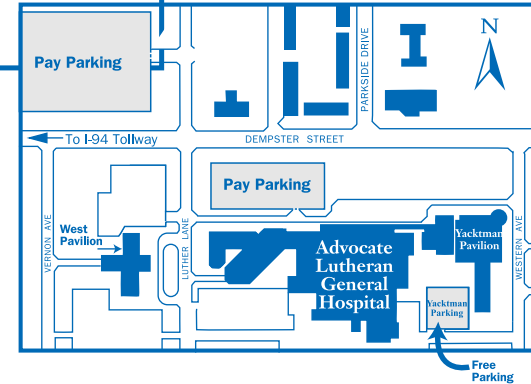
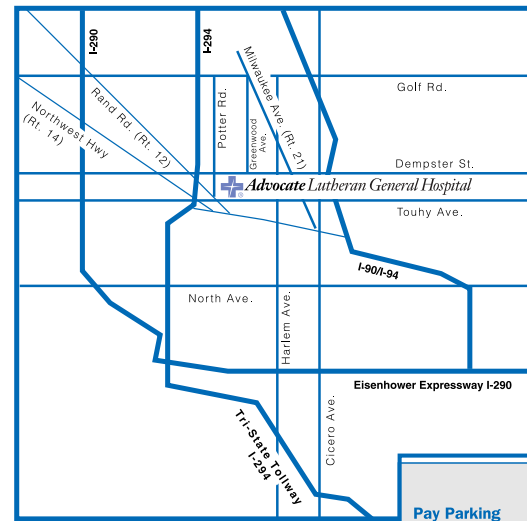
Maintain your child's good hydration by encouraging frequent sips of clear liquids. Increase their diet as tolerated and/or as instructed. You will be provided with individualized discharge instructions prior to being released from the hospital.

#### Watch for and notify the child's surgeon if:

- Persistent nausea/vomiting
- Persistent temperature greater than 100.3° even with Tylenol administration
- Pain not improving with Tylenol or pain medication prescribed by physician
- Any other questions or concerns

"The tour was wonderful for my son. On the day of his surgery, he was extremely calm and relaxed. I believe the tour helped show him what to expect. What a great idea!" —

Father of a 5 year old having tonsils and adenoids removed



Advocate Lutheran General Children's Hospital is one of the largest and most comprehensive children's hospitals in Illinois, treating more than 3,500 inpatients and 100,000 outpatients annually. It is the leading resource in the northwest suburban corridor for children and their families, and is a major regional referral center for a broad range of infant and pediatric services especially those with complex illnesses and chronic conditions.

The children's hospital is one of the few pediatric trauma centers certified at the highest level in the Chicago area and also is designated as a Level III perinatal center, one of the most technologically advanced facilities of its type in the Chicago region.

**Advocate Lutheran General Children's Hospital**  
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# Pediatric Surgery



 **Advocate Lutheran General**  
Children's Hospital

## Preparing For Your Child's Surgery

Surgery can be a stressful time for both children and their families. Appropriate education can alleviate many of the fears. Talk to your child's surgeon and staff so you fully understand the operation and discuss your concerns. This will help you answer questions your child might ask about the procedure. The more you know about what will be happening to your child, the more relaxed you, and more importantly your child will be.

You are encouraged to participate in our *free* **Pediatric Surgical Tour** — for information and to register call **1-800-3-ADVOCATE** (1-800-323-8622).

This program is available to any family with a child ages 3–9 having surgery at Advocate Lutheran General Children's Hospital. The tour includes:

- a short video depicting a child's experience going to surgery
- a visit to the surgical suite including the operating room, the recovery room ("wake-up") room, and waiting areas
- a tour of the pediatric intensive care and pediatric units, when applicable.
- the opportunity to touch and experience monitoring equipment such as blood pressure cuffs, pulse oximetry probes, EKG leads, and an anesthesia mask
- time for questions and concerns to be addressed

The tour is currently offered on Saturday mornings and Tuesday afternoons. Special accommodations for alternative times will be considered. Participation is voluntary, but all children anticipating surgery are strongly encouraged to attend.

## Pediatric Surgery and Anesthesiology

Lutheran General Children's Hospital is among a few select Chicago area hospitals to offer a full spectrum of pediatric subspecialties including pediatric surgery and pediatric anesthesiology.

### Pediatric Pain Service

Lutheran General Children's Hospital offers a comprehensive pediatric pain management service. The physicians have additional training in pediatric anesthesia and pain management, and work closely with surgeons and pediatric subspecialties.

"I'm thrilled we were given this opportunity. Our daughter's surgery involved going to the Pediatric Intensive Care Unit and the pediatric floor after surgery. During the tour we were able to see not only the operating room, but these other departments as well. Thank you so much for offering this. It was so helpful and informative!"

— Mother of a 9 year old having a tumor removed.

## Pediatric and Adolescent Units

The private rooms in our pediatric department offer privacy and comfort for children and their families. Our adolescent department is designed with teenagers and young adults in mind. Child Life and Teen Life Programs are offered. Both units have a recreation room and activities that are appropriate for the children.



## Pediatric Intensive Care

The Advocate Lutheran General Pediatric Intensive Care Unit provides expert care to more than 900 critically ill children each year. Together with our staff of pediatric specialists and the hospital's Level I pediatric trauma center, the unit's full time pediatric critical care physicians and specially trained nurses provide the most advanced treatments available.

**Lutheran General Children's Hospital** is the premier children's hospital serving the north and northwest Chicago metropolitan area. The medical staff features approximately 250 general pediatricians, family physicians, pediatric subspecialists, pediatric surgical subspecialists, pediatric anesthesiologists and pediatric radiologists. These physicians, along with nurses, therapists and other personnel, participate in the following special programs and services:

- Adolescent/Young Adult Unit
- Advanced Level III Perinatal Center
- Center for Pediatric Therapies & Audiology
- Developmental Pediatric Clinics:
  - Attention Deficit Disorder Plus
  - Child Development
  - Cleft Palate
  - Down Syndrome
  - Educational Consulting & Evaluation
  - Martha Washington Special Needs
  - Neonatal Follow-up
  - School Age Program
  - Bronchopulmonary Dysplasia
  - Spina Bifida
- Heart Institute for Children
- Level III Neonatal Intensive Care Unit
- Midwest Children's Brain Tumor Center
- Pediatric Airway Center of Chicago
- Pediatric Anesthesiology
- Pediatric Emergency & Trauma Services
- Pediatric Intensive Care Services
- Pediatric Radiology
- Pediatric Subspecialty Clinics
  - Cardiology
  - Cystic Fibrosis
  - Endocrinology
  - Gastroenterology & Nutrition
  - Hematology & Oncology
  - Infectious Diseases
  - Nephrology & Hypertension
  - Neurology
  - Surgical Services
  - Pulmonology (asthma & breathing disorders)
  - Rehabilitation
- Pediatric Surgical Subspecialties
  - Cardiovascular
  - Dental
  - General & Thoracic Surgery
  - Neurosurgery
  - Ophthalmology
  - Orthopedic
  - Otolaryngology (ear, nose, throat)
  - Plastic
  - Urology
- State-of-the-Art Pediatric Inpatient Services

## Surgical Patient Checklist

Your child's surgery is scheduled for

\_\_\_\_\_ If required by the surgeon, schedule a physical examination at your pediatrician's office and/or required laboratory tests within 30 days prior to surgery. Laboratory testing can be done at Yacktmann Pavilion of Lutheran General Children's Hospital. Call 847-723-9529 for information. Have all results faxed to Pre-Surgical Testing 847-723-2249.

\_\_\_\_\_ Pre-register your child for surgery by calling registration at 847-723-5112 (have your insurance information available).

"I was actually quite apprehensive about attending the tour. I thought it might be better if we did not say anything to my son about having surgery until it was time. I have since found that it is not only OK that he knows the truth, but beneficial and helpful that everything was explained so he will be less nervous – and so will I!"  
— Mother of a 4 year old having ear tubes placed

## The Day Before Surgery

\_\_\_\_\_ Pack your child's favorite toy, blanket, bottle, and pacifier.

\_\_\_\_\_ A hospital representative will call you (sometime in the late afternoon / early evening) to confirm the time of surgery, your expected arrival time at the hospital, and answer any questions you may have. You will be instructed on dietary restrictions—how long before surgery your child may eat and drink, such as breast milk, milk and clear liquids (water, apple juice, 7UP, Kool-Aid) and what time they should stop all intake. **Inform them if your child has a fever, cough, and cold or has been exposed to chickenpox, measles, and mumps.**

## The Day of Surgery

**Arrive at:**

\_\_\_\_\_ Ambulatory Surgery Waiting Area **or**

\_\_\_\_\_ Peri-Operative Unit

This location may change. When you receive your call, be certain to note which area you are to proceed to. You will be asked to arrive one to two hours prior to surgery.

\_\_\_\_\_ Bring any laboratory results/x-rays you obtained from outside sources.

\_\_\_\_\_ If you have not already pre-registered, bring your insurance information, including your card.