Educational Resources for DUTY TO CARE Advocate Aurora Team Member Supplement

WE ARE ALL IN THIS TOGETHER! We realize these are unprecedented times for everyone. We know you may have questions or concerns about your current role or a role you are being asked to be reassigned to. Our ask is for you to review the below resources designed to **keep you informed**, **provide personal care information** for you and your family, and **share how Advocate Aurora Health is committed to protecting our Team Members.**

Advocate Aurora Resources

Videos

- Protecting Our Team Members features MaryBeth Kingston, Chief Nursing Officer
- <u>Universal Masking by Dr. Citronberg, Director, Infectious Diseases</u>

Printable Materials

- COVID-19 Fact Sheet Information on what COVID-19 is
- <u>Duty to Care: Team Member Tool</u> Outlines our duty to care efforts for our patients and our team members
- Resilience & Well-being Resource Guide Outlines personal care information to support team members and their families.

The Centers for Disease Control and Prevention Resources Resources on ways to stay safe and help prevent the spread of COVID-19.

- Universal Masking Update for Team Members
- Instructions on when and how to wash your hands

Additional Resources to support your well-being:

EAP / Spiritual Care Resources

- Online Library of Worship Services, Prayers, and Rituals from World Faith Traditions
- COVID 19 Information Center

Resources for managing Fear/Anxiety

- Website/app with practical tips for managing fear and uncertainty: Tenpercent.com
- National Center for PTSD

