

Mask PIP for Team Members and Leaders

MASK PRESSURE INJURY PREVENTION

1

PREP YOUR SKIN

Follow the “Skin Care for Mask Care” guidelines

Avoid application of moisturizers and emollients within 2 hours of mask application. Minimize use of make up. Skin barrier film can be used to protect skin from friction and will not alter seal of the N95

2

REDUCE THE PRESSURE

Remove the mask for at least 5 minutes every 2 hours, ideally 15 min every 2 hours

If this time frame isn’t practical, any pressure relief is helpful

3

BE SAFE

Do not use dressings that alter the seal of the N-95 mask

- If you use silicone foam prophylactic dressing on your nose or cheeks, recheck the seal of the N-95 mask with Employee Health
- Preliminary reports indicate thin silicone dressings can be used under other PPE devices if they don’t impair the function of the PPE device
- When removing the dressing, close eyes and avoid inhaling any aerosolized virus or particles. Follow infection prevention practices.

4

LET YOUR SKIN HEAL

Treat mask abrasions with moisturizer, skin sealant or a thin dressing

- It is NOT recommended to wear an N95 with open skin
- Follow the recommendations of Employee Health (See Mask Injury Algorithm for directions on what to do with an open injury)



Instructional Video



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