Advocate Illinois Masonic Medical Center
Behavioral Health Services
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Advocate Health Illinois Masonic Medical Center, Behavioral Health Services (Advocate IMMC BHS) is recruiting for ONE postdoctoral fellow to receive comprehensive generalist training in the provision of outpatient direct clinical service within a community mental health facility affiliated with a large hospital organization. The fellow conducts a range of therapeutic services with community members across the lifespan through individual, family, couple, and group therapy modalities. While the primary responsibilities are based in the outpatient Advocate IMMC BHS clinic, the large multidisciplinary setting allows the fellow to gain exposure to the full spectrum of medical and behavioral health presentations and to develop high-level interdisciplinary consultation skills including collaboration with psychiatrists, physicians, and crisis team members.

The Advocate IMMC BHS training program utilizes a practitioner-scholar training model entailing scholarly inquiry, psychological science, and clinical practice. Fellows are expected to systematically apply relevant literature and research to their clinical work. The diverse community population served by Advocate IMMC BHS allows fellows the opportunity to implement a variety of empirically supported treatments, including, but not limited to, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Acceptance and Commitment Therapy, Trauma-Focused CBT, Solution-Focused Brief Therapy, Emotion-Focused Therapy, and Family Systems Theories.

Clinical skills and professional development are guided by research through formal teaching and seminars, individual mentoring, and clinical supervision. Advocate IMMC BHS's competency-based approach to supervision enables development to occur in a sequential, cumulative, and graded manner that best fits their individual abilities and goals.

Core Components of the Postdoctoral Fellow Training Year

- **Direct service**: The postdoctoral fellow's primary responsibility is the provision of outpatient therapy services. This includes individual, couple, and family therapy through evidence-based practices within a short-term treatment framework. Clinical and professional support is provided through weekly individual supervision from a licensed

clinical psychologist; group seminars; and small group consultation with other clinical team members. Additional direct service experiences may include any of the following:

- Co-facilitating group therapy: Advocate IMMC BHS offers a wide range of group therapy services ranging from long-term support for individuals presenting with chronic mental health concerns, process-based groups, and short-term psycho-educational and skills groups. Fellows are required to co-facilitate at least one group.
- Crisis Interventions/Risk Management: Advocate IMMC BHS serves a diverse community population presenting with a multitude of mental health challenges, including severe symptomology. As such, postdoctoral fellows are expected to utilize crisis interventions and referrals to other support services, as needed, to assist patients in stabilizing their functioning and preventing harm to self or others.
- Case Management/Consultation: Postdoctoral fellows are expected to facilitate patients' access to natural support and community-based resources through case management strategies and consultation with other providers and community organizations.
- Approximately 60% of the postdoctoral fellow's schedule is dedicated to direct patient care services.

- **Supervision of Externs:** Postdoctoral fellows will provide supervision to at least three doctoral-level practicum students via individual and/or group supervision. Fellows will participate in a weekly "Supervision of Supervision" seminar to receive support through didactics and consultation. This seminar is jointly led by the Advocate IMMC BHS training director and an Advocate IMMC BHS licensed psychologist to allow for exposure to different supervisory styles.

- **Specialty Clinical Training:** Postdoctoral fellows may participate in specialty clinical training opportunities, including:

  Emergency Department (ED) and Consult Liaison (CL): These specialty clinical training opportunities are 100% in-person and services are provided at Advocate Illinois Masonic Medical Center, a Level 1 Trauma Center.

  For the ED track, Fellows work closely with the Advocate IMMC crisis team and have opportunities to learn how to conduct crisis assessments, stabilization planning, and brief bedside intervention while working with an interdisciplinary team of hospital providers.

For the CL track, Fellows works alongside Advocate IMMC social workers providing brief psychological evaluations, interdisciplinary consultation, case management, and discharge support for patients admitted to medical inpatient units presenting with co-occurring medical and mental health conditions.

These specialty clinical training opportunities are a 4-hour per week commitment and can be done for the entire training year or half of the training year.

Obstetrics/Gynecology Clinic: This specialty clinical training opportunity provides focused training in maternal mental health and women's health and gaining skills in the provision of integrated care by working in collaboration with the medical treatment team. Fellows will also provide outpatient-based care via individual and group therapy, including interventions for high-risk pregnancy, expectant parents, peri- and post-natal depression, and perinatal loss. Fellows participate in group supervision and a seminar specific to the OB/Gyn training. Specific scheduling requirements include attending the OB seminar on Wednesdays from 9:00-10:00am.

This specialty clinical training opportunity is a 2-hour per week commitment and can only be done for the entire training year.

Clean Start Program: This specialty clinical training opportunity targets the provision of therapy for adults struggling with substance use and co-occurring general mental health disorders. Fellows co-facilitate groups utilizing an evidence-based treatment curriculum and conduct individual therapy and clinical intakes for Clean Start program patients. Groups occur Monday and Thursday from 6:00p to 8:00p. Scheduling requirements include co-facilitating at least one group per week and attendance at the weekly Clean Start Team Meeting on Wednesdays, 11:00am-12:00pm.

This specialty clinical training opportunity is a 3-hour per week commitment and can be done for the entire training year or half of the training year.

- **Leadership:** Advocate IMMC BHS aims to foster the development of future psychologists learning the multiple aspects of professional roles, including administration and leadership. Postdoctoral Fellow will co-lead the Professional Development Seminar and Multicultural/Diversity Seminar for the Clinical Psychology interns. Additionally, the fellow will present on topics for the practicum students' Didactic Seminar and participate in recruitment and onboarding process for clinical psychology practicum student and interns. The postdoctoral fellow and Advocate IMMC BHS Training Director

may collaboratively identify other administration/leadership opportunities throughout the year that fit the fellow's career interests and goals.

Training Year Specifics

The Postdoctoral Fellow Training year will start in September 2027 and end in August 2028 The stipend is $66,560.

Advocate IMMC BHS Postdoctoral Fellows are hired as employees of Advocate Aurora Healthcare and have access to team member benefits consisting of health insurance with medical, dental, and vision benefits, accrual of paid time off, short- and long-term disability, and a 401K program with employer matching.

Eligibility: Applicants from APA- or CPA-accredited programs in clinical psychology will be considered for the position. Preference is provided to those applicants with outpatient therapy experience and an interest in working in a community mental health clinic. Completion of an APA-accredited internship and all requirements for graduation of a doctoral degree prior to the start date is required.

Application Process: The Advocate IMMC BHS training program adheres to the APPIC Postdoctoral Selection Standards and Common Hold Date; therefore, our program will aim to complete all interviews by February 1, 2027, and communicate offers up to and on the CHD, February 16, 2027.

Interested applicants should email a cover letter, curriculum vitae, and two letters of recommendation to the Advocate IMMC BHS Training Director, Cody Schraft, PhD, at cody.schraft@advocatehealth.org. Letters of recommendation should be previous supervisors and/or training directors who can attest to clinical experience and competencies. Letters of recommendation can be included in the full application or sent directly to Dr. Schraft by the LOR writer.

The deadline for applications is December 18, 2026.

Applications will be reviewed on a rolling basis and offers for interviews will be communicated via email from the Advocate IMMC BHS Training Director. Interviews will be virtual and occur during the month of January. Applicants will meet individually with the Advocate IMMC BHS training director, an Advocate IMMC BHS clinical supervisor, and the current Advocate IMMC BHS postdoctoral fellow.



For more information about Advocate Illinois Masonic Medical Center, and Behavioral Health Services, please visit our website: https://www.advocatehealth.com/immc/health-services/behavioral-health-care/.

Contact Advocate IMMC BHS's Training Director, Cody Schraft, Ph.D., at cody.schraft@advocatehealth.org with questions about the Advocate IMMC BHS postdoctoral fellowship position and/or application process.