

PGY1 Managed Care Pharmacy Residency – Advocate Health Midwest Region

Caitlin Bembenek, PharmD: 2024 – 2025 PGY1 Managed Care Pharmacy Resident



Previous Education: University of Wisconsin – Madison, PharmD

Short Bio: I grew up in New Berlin, WI and received my BS in pharmaceutical sciences from UW-Madison. In my free time, I enjoy going to concerts, binge watching tv shows (currently watching all of the Below Deck series), and spending time outside. My friends and I are also a part of multiple rec leagues including volleyball, kickball, and soccer.

Factors Considered Most Important When Choosing

Residency: The most important factor for me was the breadth of experiences I would be able to receive. The managed care field was not something discussed much about in school, and I had limited internship/rotational experience in the field. I wanted to find a program that would be able to give me a well-rounded residency year and set me up for success in the managed care field. Being able to work with and learn about both the medical and pharmacy benefit fields has been invaluable to me.

Why Advocate Health? Growing up in Wisconsin, I was always familiar with legacy Aurora Health Care (now part of Advocate Health) and its excellent reputation. During my 4th year of pharmacy school, I signed up for 3 APPE blocks at different Aurora sites. All of the pharmacists I interacted with loved their job and the support they received from Advocate Aurora’s health system.

Year-long project: Cost Savings Evaluation of an Expanded Pharmacist Medical Benefit Claim Review Process

Future: After my PGY-1, I hope to “officially” start my career as a managed care pharmacist!



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