

Advocate Health Care

Endocrinology Fellowship At Advocate Christ Medical Center



Meet the Fellows



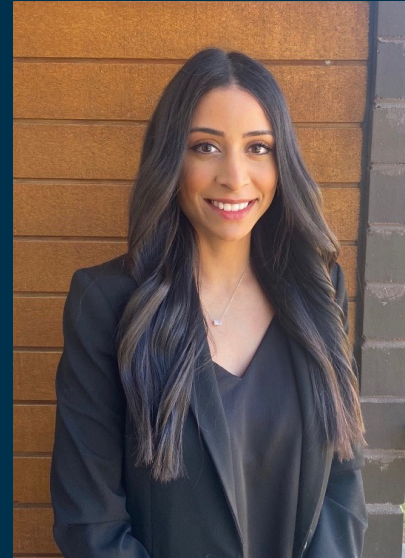
Diksha Kaul, MD

Dr Kaul is a first year Endocrinology Fellow at Advocate Christ Medical Center in Illinois. She earned her medical degree from Belagavi Institute of Medical Sciences in Karnataka, India, and completed her Internal Medicine residency at The Brooklyn Hospital Center in Brooklyn, New York. As a third-generation physician, Dr Kaul was deeply inspired to pursue medicine by her grandfather, whose enduring legacy shaped her career. She had published many case reports with one on autoimmune hypoglycemia published in AACE, reflecting her commitment to advancing the field. During her residency, she actively contributed to the Graduate Medical Education Committee, championing improvements in residency experience across programs.



Mounika Paravastu, DO

Dr. Paravastu is currently a second year Endocrinology Fellow at Advocate Christ Medical Center in Illinois. She received her medical degree from Kansas City University in Kansas City, Missouri and completed her Internal Medicine residency at Aurora Health Care in Milwaukee, Wisconsin. She received her Bachelor of Science degree at the University of Illinois at Urbana-Champaign.



Mehul Shah, DO

Dr. Shah is currently a first year Endocrinology Fellow at Advocate Christ Medical Center in Illinois. He completed undergraduate studies in 2016 at Loyola University and then graduated medical school from NYIT College of Osteopathic Medicine at Arkansas State University in 2021. He completed Internal Medicine residency at Advocate Christ Medical Center. He is a die-hard sports fan and enjoys rooting for his hometown Chicago Bulls and Bears in his free time. He also enjoys dining at every restaurant available within a 10 mile radius of the downtown Chicago.

