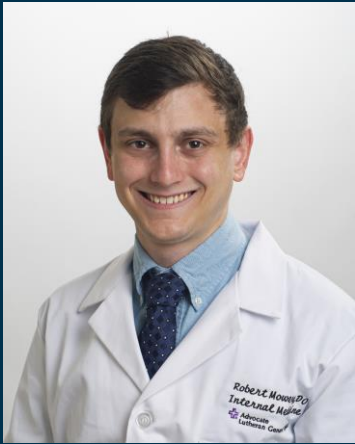


# **Advocate Health Care Lutheran General Hospital**

## **Internal Medicine Residency Program**

### **Meet the Chief Residents**

# Robert Mowery, DO



Interviewing for residency during the peak of the covid pandemic, it was difficult to know what residency program would be a right fit for me. Thankfully, I was able to find Advocate Lutheran General. From the moment I interviewed, I felt welcomed by the program and the residents. Advocate Lutheran General truly became a home for me over the 3 years of my residency; the positive and supportive culture of the entire hospital was unlike anything I experienced on my rotations as a medical student.

It was an easy decision to become a chief resident. I am excited to work with and give back to a program that has given me so much. I am passionate about teaching our residents and making sure they feel well prepared for their future careers. We are also passionate about making sure our residents feel personally supported and have a variety of initiatives to support their wellbeing.

When I am not in the hospital, you can find me playing my guitar or exploring the city of Chicago.

# Sareena Ali, DO



Since completing a rotation at Advocate Lutheran General Hospital (ALGH) as a medical student, I knew that I would want to complete my Internal Medicine residency here. During my rotation and interview, all of the residents I interacted with were confident, satisfied, and overall happy at ALGH. This helped solidify my decision in wanting to complete my IM residency at ALGH.

One of my favorite aspects of our program is the supportive and collegial environment, along with the focus on resident wellbeing. Our IM program helped me grow into the physician I am today and form such strong friendships with my co-residents, fellows, and mentors along the way. I also appreciate the strong emphasis on teaching during various morning reports and daily noon conference, along with different research and mentorship opportunities. The attendings, administration, and co-residents are such great teachers and will help you excel in whichever field you choose.

I am grateful to have completed my Internal Medicine residency at ALGH and now have the opportunity to contribute my role as Chief Resident. I hope to continue building on more teaching, volunteering, and mentorship opportunities at our program. I encourage you to consider our program if you are looking for a supportive environment that will help you grow and form strong connections throughout your medical career!

When I'm not at the hospital, you can find me trying out different restaurants in the city, cooking/baking, spending time with family, and going to yoga classes with my friends.