

Advocate Illinois Masonic Family Medicine Residency Tracks

Geriatrics Track: Supervisor – Robert Martin, DO

Residents will:

- Complete a scholarly activity project focused on geriatrics. This may include a publication, quality improvement project, poster presentation at a regional or national conference, or other project approved by the program director and geriatrics faculty member
- Present at least one geriatrics didactic lecture for the residency program
- Attain competency caring for older adults in a variety of settings, such as outpatient, inpatient, assisted living, skilled nursing facilities, and house calls. This can be achieved via increased clinical exposure scheduled regularly throughout the PGY-3 academic year
- Complete the online AAFP Geriatrics self-study module

Integrative Medicine Track: Gina Schueneman, DO & Catherine Plonka, MD

Residents will:

- Complete the University of Arizona's Computer Based Curriculum
- Prepare and present one didactic presentation per year on Integrative Medicine during the 2nd and 3rd year

LGBTQIA+ Track: Supervisor – Zachary LaMaster, DO

Residents will:

- Develop competency in the evaluation and care of members of the LGBTQIA+ community.
- Become familiar with preventative care that might be different between different members of the LGBTQIA+ community themselves and their straight counterparts
- Learn the appropriate use of PrEP as well as appropriate follow up
- Become familiar with care of the HIV infected patient
- Participate in the care of transgender patients including hormone therapy, surveillance, and options for surgical management
- Participate in continuity clinic for LGBTQIA+ patients
- Prepare and present a didactic presentation on an LGBTQIA+ health topic in the third year
- Complete a scholarly activity on LGBTQIA+ health

Obstetrics Track: Supervisor – Zachary LaMaster, DO

Residents will:

- Perform 80 deliveries during residency, 15 of which are continuity maternity patients from the Family Medicine Center. Caesarian deliveries are included in this number if the resident scrubbed and assisted during the surgery
- Complete the Advanced Life Support in Obstetrics course
- OB rotations will include three months of the usual OB rotation plus one or more months of senior OB elective in the 2nd or 3rd years of training

- Supervise Junior Family Medicine residents in obstetrics during OB rotations or with FMC continuity maternity patients
- Prepare and present at least one didactic presentation per year on an obstetrics/women's health topic in the 2nd and 3rd year
- Complete at least one scholarly activity in woman's health – examples include: Help Desk Answer, Clinical Inquiry, PURLs publication, poster presentation at a local or national conference, curriculum improvement or CI project prepared for publication

Osteopathic Track: Supervisor – Gina Schueneman, DO

Residents will:

- Develop competency in the evaluation of pediatric and adult patients with musculoskeletal conditions and the application of Osteopathic Manipulative Treatment
- Participate in an Osteopathic continuity elective once a week at the Family Practice Center as a PGY3
- Prepare and present one OMT journal club in the 3rd year
- Complete a scholarly activity involving OMT

Primary Care Counseling Track: Supervisor – Limor Gildenblatt, PhD

Residents will:

- Spend one half day each week patient counseling continuity sessions with Dr. Gildenblatt
- Participate in counseling supervision w/Dr. Gildenblatt
- Videotape at least two sessions for supervision with Dr. Gildenblatt
- Prepare and present one didactic presentation on a Primary Care Counseling or Behavioral Health topic – may co-present with Dr. Gildenblatt
- Reflect on the self-of-the-physician by learning about and creating a Genogram
- Complete at least one scholarly activity on a primary care counseling topic

Research Track: Supervisor – Richard Guthmann, MD

Residents will:

- Spend a half day/week during their 3rd year dedicated to research activities. During this half day, the resident will develop a research question and conduct a research project. Dr. Guthmann as well as other faculty depending on the research topic will assist with the project
- Prepare and present a poster describing the project at a national conference
- Submit at least one Help Desk Answer and Clinical Inquiry during their residency guided by Dr. Guthmann

Sports Medicine Track: Supervisor – Gina Schueneman, DO

Residents will:

- Develop competency in the evaluation and care both of the injured athlete and of pediatric and adult musculoskeletal conditions
- Prepare and present one didactic presentation each year in the area of sports medicine during the 2nd and the 3rd year
- Participate in coverage of at least 2 athletic events
- Participate in a sports medicine elective, which includes both a primary care musculoskeletal clinic and training room coverage of athletic teams
- Complete a scholarly activity in sports medicine. Examples include: Help Desk Answer, Clinical Inquiry, PURLs publication, poster presentation at a local or national conference, curriculum improvement or CI project prepared for publication
- Attend one or both national conferences for primary care sports medicine (AMSSM and ACSM)

Urgent Care Track: Supervisor – Kenneth Gong, MD

Residents will:

- Develop competency in caring for patients in an urgent care setting including reading of radiographs, EKG, interpretation, and triage and management of emergency situations
- Spend ½ day each week during the 3rd year of residency in a urgent care clinic
- Participate in an urgent care elective in addition to the required urgent care rotation
- Complete at least one scholarly activity on an urgent care topic. Examples include: Help Desk Answer, Clinical Inquiry, PURL's publication, poster presentation at a local or national conference, curriculum improvement or CI project prepared for publication
- Prepare and present one didactic each year during the second and third years of residency

Women's Health Track: Supervisor – Catherine Plonka, MD

Residents will:

- Develop competency in colposcopy, IUD and Nexplanon insertion, and in pregnancy options counseling.
- Prepare and present at least one didactic presentation per year on women's health in each of the 2nd and 3rd year
- Participate in a women's health elective
- Complete at least one scholarly activity in woman's health – examples include: Help Desk Answer, Clinical Inquiry, PURLs publication, poster presentation at a local or national conference, curriculum improvement or CI project prepared for publication