



Guiding an Improved Dementia Experience (GUIDE) Model

Dementia takes a toll on not just the people living with the disease but also on their loved ones and caregivers in a way that almost no other illness does. About 6.7 million Americans currently live with Alzheimer's disease or another form of dementia, a number that is projected to grow to nearly 14 million by 2060. To help address the unique needs of this population, the Center for Medicare and Medicaid Services (CMS) is launching the GUIDE Model to:

- Improve quality of life for people living with dementia
- Reduce burden and strain on unpaid caregivers of people living with dementia
- Prevent or delay long-term nursing home care

Advocate Health is participating in the Medicare GUIDE Model program. Beneficiaries who choose to participate will receive comprehensive dementia care via an interdisciplinary team of social workers, advance practice providers and community health workers. We will provide caregiver education, support and referral to community services. Most GUIDE outreach will occur via telephone or telehealth visits, though some in-person visits may be needed. A subset of families will be eligible to receive respite services as part of GUIDE program participation.

You may be eligible for the GUIDE Model if:

1. You have a diagnosis of dementia (even if it's not officially listed in your medical records but your family/caregivers are aware)
2. You have traditional Medicare (red, blue, white Medicare card)
3. You are NOT currently enrolled in hospice, the Program for All Inclusive Care of Elderly (PACE) or Medicare Advantage programs
4. You live in the community, including assisted living or independent living (but NOT long-term nursing home care)