

ADVOCATE CONDELL MEDICAL CENTER 2023 COMMUNITY HEALTH PROGRESS REPORT

A PROGRESS REPORT ON OUR 2023-2025 IMPLEMENTATION PLANS

Every three years, Advocate Condell Medical Center (Advocate Condell) completes a comprehensive Community Health Needs Assessment (CHNA). For the 2022 CHNA cycle, Advocate Condell convened a Community Health Council (CHC) to review the significant health issues impacting the primary service area (PSA). In addition, Advocate Condell worked in alignment with local community leaders, hospital leaders and the Lake County Health Department to select the top health priorities and develop the 2023-2025 Implementation Plan.

The 2023 Community Health Progress Report is a reference to the hospital's Community Health Implementation Strategies; this 2023 progress report summarizes the selected priorities, annual program outcomes and additional accomplishments for Advocate Condell.

Priority: Obesity



Partners Involved:

Holy Family Episcopal Church, Northern Illinois Food Bank, Grant Township, University of Illinois Extension, YWCA of Lake County, SNAP.

Program Outcomes for 2023

- In 2023, Advocate Condell collaborated with Holy Family Episcopal Church, Grant Township, and the Northern Illinois Food Bank to provide nearly 116,000 pounds of healthy food, including fresh produce, to 3,133 families and 10,179 household members in Lake Villa. The Rx Mobile Food Pantry Program has reached 5,657 families and 18,657 community residents since its inception. The hospital works with organizations such as SNAP, the YWCA, and the University of Illinois Extension to provide essential support resources.
- In 2023, the Northern Illinois Food Bank conducted a survey of the Lake Villa Rx Mobile Food Pantry. The survey revealed that 80 percent of the participants who attended the Lake Villa mobile pantry experienced a significant reduction in stress associated with providing healthy food for their families. Additionally, 70 percent of survey respondents expressed satisfaction with the variety of fresh produce available at the pantry.
- A dedicated single mother raising four children and facing financial challenges has found valuable support through the mobile food pantry. She emphasized its significant impact on her family's health. The variety of nutritious food offered by the program has proven essential, especially since she struggles to afford these options at the grocery store.

Priority: Mental Health and Substance Use



Partners Involved: Nicasa Behavioral Health, Gateway Foundation of Lake County, Lake County Opioid Initiative, Lake County Health De-

Program Outcomes for 2023

- In 2023, the State Targeted Response (STR) Warm Handoff program served 142 patients in the Advocate Condell Emergency Department (ED). An engagement specialist employed by the medical center's partner, Gateway Foundation, meets with patients coming into the ED for substance use-related visits and assists with navigation to treatment. The program placed 59 percent of the patients seen into treatment.
- In 2023, twenty-nine Advocate Condell leaders and community members were trained in Narcan administration by Nicasa Behavioral Health, a community partner that provides substance use prevention and treatment. The Congregational Outreach program worked with more than 10 churches across the north Illinois area to train 300 faith leaders and parishioners in Narcan administration. Advocate Condell community health and congregational health staff continue to be active members of the Lake County Opioid Initiative coalition. Community health staff shared updated clinical guides and educational resources on Xylazine and Fentanyl with clinical leaders leading internal opioid mitigation strategies.

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Accomplishments in 2023

Community Health Worker Primary Care Connection Program

A community health worker (CHW) is an expert at local resources, linking patients and community residents to utility assistance, food pantries and primary care homes. The Advocate Condell CHW sees patients in the hospital Emergency Department (ED) and in the community, working closely with the individual to assess his or her needs.

In 2023, the CHW served 424 patients in the ED and 40 patients in the community, providing 542 referrals. More than 14 percent of the referrals were for food resources. The CHW scheduled 86 appointments for the patient with a physician and made 37 referrals to the local Federally Qualified Health Centers (FQHC). Top diagnoses were acute pain, falls and back pain. Supported by funding from the Healthcare Foundation of Northern Lake County, the CHW program will continue in 2024.

CHWs are also located in the EDs at Advocate Sherman Hospital, Advocate Christ Medical Center and Advocate Trinity Hospital. In 2023, these Illinois CHWs provided care to more than 10,000 patients.



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Accomplishments in 2023

Community Flu Clinic and YWCA Pamper Yourself Pink Event

Community Flu Clinic

Advocate Condell partnered with the Round Lake Area Library to provide no-cost flu shots to community members in October 2023. The clinic was run by the Advocate community health mobile health team. A total of 23 adults received flu shots and educational information on how to prevent the spread of respiratory viruses.



YWCA Pamper Yourself Pink Event

In partnership with the YWCA, Advocate Condell held a special event in June, delivering comprehensive education on breast cancer and emphasizing the significance of completing breast cancer screenings. The occasion also served to celebrate breast cancer survivors and their families. More than 250 individuals attended the breast cancer educational event.



Stories from the Community:

During a visit to the Advocate Condell emergency department, the Community Health Worker (CHW) met with a patient who had been facing a series of hardships, including job loss, medical bills and housing instability. After completing a Social Drivers of Health (SDoH) assessment, the CHW connected the patient to financial support, essential resources and provided emotional encouragement. Addressing food insecurity, the CHW connected the family to the Rx Mobile Pantry Program in Lake Villa. Additionally, the CHW connected the patient to agencies to help in job searches, childcare and medical appointment transportation. The CHW worked closely with community social service partners to coordinate care and link the patient to critical resources.

Hospital Programs:

Penwasciz Program: Advocate Condell provides an early opportunity for high school junior and senior students to learn first-hand about health career options through its educational program—Penwasciz Health Careers. In 2023, 37 interns learned about a variety of health care careers through direct patient interactions and observations in the Emergency Department, Intensive Care Unit, Operating Room, Obstetrics, Rehabilitation Unit and more.

Sexual Assault Nurse Examiner (SANE): Advocate Condell has onsite registered nurses who are SANE-certified and can provide comprehensive health care to survivors of sexual assault. The SANE nurses also provide peer-to-peer education and training for other health professionals. Twenty-eight educational training events were held in 2023 and the SANE team treated 80 victims of sexual violence at Advocate Condell, 16 of which were pediatric patients.

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A FORECAST INTO ADVOCATE CONDELL'S 2024 PROGRAM PLANS

AHC hospitals in Illinois reserve the right to redirect resources to address emerging public health threats even if doing so slows the ability to implement plans for addressing key priorities selected through the CHNA process. The community health team will focus on the selected health priorities, but will remain attentive to public health threats, prevention and promoting programs that address other key issues. Advocate Condell is working in alignment with the AHC community strategy. The community strategy includes, but is not limited to, the following six focus areas: access to primary medical homes, access to behavioral health services, workforce development, community safety, housing and food security.

Community Health Initiatives

Year: 2024

In 2024, Advocate Condell will implement community health initiatives to address obesity, substance use and mental health. Increasing food security in the Advocate Condell Primary Service Area (PSA) will remain a primary focus. The CHW Primary Care Connection Program, the Warm Handoff Program with Gateway Foundation and the Trauma Recovery Center will all continue in 2024. The medical center will also continue supporting free and reduced mammograms to community residents, through its partnership with the YWCA. Advocate Condell will also continue the Rx Mobile Pantry in Lake Villa, providing healthy food and fresh produce to area residents who are food insecure. In 2024-2025, the hospital will also focus on implementing changes in Policy-System-Environment (PSE) in community health initiatives, with the goal of improving health equity in the community it serves.

Behavioral Health

Year: 2024

In alignment with the Lake County Opioid Initiative, Advocate Condell will develop and implement strategies to increase access to substance use prevention and treatment. This will include strengthening linkages to Medication Assisted Treatment (MAT) for patients seen with opioid use disorder in the Advocate Condell ED. Additionally, the hospital will implement a new Narcan Training Crew program, training teammates in Narcan administration and then assigning them to community outreach events to decrease opioid overdoses. In 2024, Advocate Condell also plans to implement a new program focusing on decreasing loneliness and social isolation, in conjunction with the Advocate Faith and Health Partnerships department.

Obesity

Year: 2024

In 2024, Advocate Condell will continue to work on building strong systems to increase access to healthy foods for residents in the medical center service area, including the continued planning for a community garden on the campus. This will also include working with area food pantries to assess food pantry policies and systems using the evidence-based *Nutrition Environment Food Pantry Assessment Tool (NEFPAT)*. Additionally, the hospital will identify area partners to implement the CDC evidence-based program, *Fit and Strong*, a community-based physical activity program that includes flexibility and strength training, aerobic walking and health education.

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