

ADVOCATE GOOD SAMARITAN HOSPITAL 2023 COMMUNITY HEALTH PROGRESS REPORT

A PROGRESS REPORT ON OUR 2023-2025 IMPLEMENTATION STRATEGIES

Every three years, Advocate Good Samaritan Hospital completes a comprehensive Community Health Needs Assessment (CHNA). For the 2022 CHNA cycle, Advocate Good Samaritan Hospital convened a Community Health Council (CHC) to review the significant health issues impacting the primary service area (PSA). In addition, Advocate Good Samaritan Hospital worked in alignment with local community leaders, hospital leaders and the DuPage County Health Department to select the top health priorities and develop the 2020-2022 Implementation Plan.

The 2023 Community Health Progress Report is a reference to the hospital's Community Health Implementation Strategies; this 2023 progress report summarizes the selected priorities, annual program outcomes and additional accomplishments for Advocate Good Samaritan Hospital.

Priority: Behavioral Health

Program Outcomes for 2023



Partners Involved: National Alliance on Mental Illness (NAMI) in DuPage; DuPage County Health Department's Behavioral Health Committee;

- In 2023, Advocate Good Samaritan continued its longstanding partnership with the National Alliance on Mental Illness in DuPage (NAMI) by working together to support the Ending the Silence (ETS) workshops.
 - Advocate Good Samaritan sponsored 5 ETS workshops which support a total of 84 students. The program is centered around suicide prevention and incorporates overall awareness of various behavioral health concerns.
- In partnership with Sertoma Center and Advocate Good Samaritan's Emergency Medical Services team, a Mental Health First Aid training was offered to 23 EMS students.
- Advocate Good Samaritan's Community Health team is also part of the DuPage County Health Department's Behavioral Health Collaborative group. The team meets monthly to plan and prioritize initiatives in alignment with other community-based organizations.
- Advocate Good Samaritan's Naloxone Program continues to support patients presenting opioid overdose, history of opioid related event, history of substance abuse disorder or general patients requesting naloxone to take home. The program has improved access to overdose prevention resources. In 2023, 14 patients were served.

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Priority: Health, Wellness and Nutrition

- In partnership with Peace Manor Residencies in Downers Grove, Advocate Good Samaritan's Community Health team led a series of Heart Health workshops with the intention of bringing education and prevention to elder individuals. As part of our efforts to develop future health professionals, Community Health partnered with Elmhurst University's Public Health department. On average, each class had about 15-20 participants.
- Additionally, Advocate Good Samaritan's Community Health department partnered with University of Illinois Extension to bring their Healthy Cents Program which offers health education workshops with budget friendly healthy recipes. A 12 Week workshop was implemented at Immanuel Residencies.
- To support other educational needs, Community Health organized physician lectures at Peace Manor and Immanuel Residencies.
- Advocate Good Samaritan has also been supportive of the Take Charge of Your Diabetes (TCOYD) workshops, which are provided by trained facilitators from The DuPage Health Coalition (DHC). The Stanford Developed Evidence Based Curriculum is a 6-week program that focuses on prevention through education and behavior changes. The program creates an interactive environment that allows participants to develop their action plans to focus on improving health outcomes.
 - In 2023, 6 total workshops were provided, 6 Classes each, 36 total classes | 2.5 hours per class | 63 Spanish Speaking individuals served | 83% made a change in diet & eating habits | 86% talked with a health care provider about a self-management technique they learned at the program | 76% applied the skills they learned in the program to manage their stress, depression, anger, fear, or frustration | 71% of participants would recommend the program to a family or friend | 10% no response | 16% responded no



Partners Involved: University of Illinois Extension, DuPage Health Coalition, Immanuel and Peace Manor Residencies, Northern Illinois Food Bank, Elmhurst University, West Suburban Food Pantry



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Accomplishments in 2023

Rx Mobile Pantry in Bolingbrook



Stories from the Community

Families that wait in line for their food have expressed extreme gratitude for this service, adding that "the cost of food is so much, this program allows me to save for other essential needs for me and my family" - voice of a community member.

- In partnership with the Northern Illinois Food Bank, Valley View School District 365, VNA Health Care, and Southwest Suburban Immigrant Project (SSIP), Advocate Good Samaritan mobilized a collaborative effort to address food security in an area that lacks access to healthy foods and priority area for the hospital.
- In 2023, the Rx Mobile Pantry Program served 575 families, 2,300 total household members were served and over 24,000 pounds of healthy food was provided to the community.
- The program has also created volunteer opportunities for local professionals, students from the school district and members of the community. The collaborative effort is a true testament to the power of unity and collaboration.
- The program operates every first Tuesday of the month and will resume for the entire 2024FY.
- If you are interested in volunteering: [Bolingbrook HS RX Mobile Volunteer Form \(office.com\)](#)

Online Market Program

Advocate Good Samaritan is partnering with West Suburban Food Pantry (WSCP) to support food insecure patients. The program is intended to empower Advocate teammates with awareness and resources that support food insecure patients. Advocate teammates can support patients by screening for food insecurity and enrolling eligible patients to the Online Market Program; the program provides home delivery of fresh, healthy options. The program does have a radius limitation. Patients out of delivery range are required to pick up at WSCP.

Partners: Northern Illinois Food Bank, West Suburban Food Pantry

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A FORECAST INTO ADVOCATE GOOD SAMARITAN'S 2024 PROGRAM PLANS

Advocate hospitals in Illinois reserve the right to redirect resources to address emerging public health threats even if doing so slows the ability to implement plans for addressing key priorities selected through the CHNA process. The community health team will focus on the selected health priorities, but will remain attentive to public health threats, prevention and promoting programs that address other key issues. Advocate Good Samaritan is working in alignment with the Advocate Aurora Health Community Strategy. The AAH Community Strategy includes, but not limited to, the following six focus areas: access to primary medical homes, access to behavioral health services, workforce development, community safety, housing and food security.

Health and Wellness

Year: 2024

Advocate Good Samaritan will continue to work with community partners and will serve on community coalitions to support the improvement of health and wellness programs in DuPage County. In addition, the hospital's community health team will explore opportunities to create sustainability with current programs in the community.

Advocate Good Samaritan is also working with the Northern Illinois Food Bank to increase access to healthy foods for food insecure individuals by introduce an onsite pantry program called Wellness Connection. The program aims to support food insecure and chronically ill individuals with fresh and/or frozen fruits and vegetables. Additional sustainability efforts include an onsite Community Garden to support food insecure individuals and to also develop a comprehensive, skill building program that supports patients with anxiety, depression and other behavioral health needs. The idea is to incorporate elements of therapy and create a therapeutic garden that promotes social skills.

Behavioral Health

Year: 2024

The hospital will continue addressing mental health and substance use in the community through partnership with NAMI DuPage and will support the Ending the Silence program and other similar initiatives. The hospital's clinical staff will continue to distribute Narcan kits and work with the Gateway Foundation—State Targeted Response program to decrease substance use and increase access and utilization of community services and programs.

Advocate Good Samaritan will also continue to support training opportunities for community members and internal teammates, whether it is on Mental Health First Aid (MHFA), Crisis Intervention Training (CIT) or related programs that support awareness and community resiliency. The Community Health team is also a member of DuPage County's Behavioral Health committee.

Everyday Hero: AED and CPR Training

Year: 2024

Advocate Good Samaritan is working closely with the DuPage Health Coalition to sponsor and implement an onsite, AED and CPR Training in community based organizations and/or faith based organizations that expressed a need. The program aims to create access in high risk areas by implementing onsite AEDs and CPR training in the community. The goal is to empower individuals to react when someone is experiencing cardiac arrest.

We Help People Live Well.