

ADVOCATE SHERMAN HOSPITAL 2023 COMMUNITY HEALTH PROGRESS REPORT

A PROGRESS REPORT ON OUR 2023-2025 IMPLEMENTATION STRATEGIES

Every three years, Advocate Sherman Hospital (Advocate Sherman) completes a comprehensive Community Health Needs Assessment (CHNA). For the 2022 CHNA cycle, Advocate Sherman convened a Community Health Council (CHC) to review the significant health issues impacting the primary service area (PSA). In addition, Advocate Sherman worked in alignment with local community leaders, hospital leaders and the Lake County Health Department to select the top health priorities and develop the 2023-2025 Implementation Plan.

The 2023 Community Health Progress Report is a reference to the hospital's Community Health Implementation Strategies; this 2023 progress report summarizes the selected priorities, annual program outcomes and additional accomplishments for Advocate Sherman Hospital.

Priority: Obesity

Program Outcomes for 2023



Partners Involved: Advocate Sherman Mobile Integrated Health program, University of Illinois Extension Master Gardeners, Elgin Community College, Food for Greater Elgin Food Pantry, Elgin Community College Spartan Food Pantry

- The Advocate Sherman onsite community garden yielded a bountiful harvest in the 2023 growing season. The hospital donated 335 pounds of fresh produce for students who are food insecure and accessing the Elgin Community College Spartan Food Pantry and the clients of Food for Greater Elgin Food Pantry.
- Advocate Sherman continues to partner with the University of Illinois Extension Master Gardeners. They are an integral part of the onsite community gardens, maintaining demonstration beds, holding leadership roles on the garden committee and mentoring Master Gardener interns on site.
- The COVID-19 Food Resource Guide was updated and published to the community again in 2023 to reflect the current food access points in the service area, including food pantries, soup kitchens, mobile partners and Meals on Wheels programs. The guide was distributed within the hospital's wide community partner network.
- Plans are being made to implement nutrition education, policy assistance and mobile health services at Food for Greater Elgin and the Elgin Hispanic Network in 2024.

Priority: Behavior Health



Free Community Prescription Drug Take Back Day

Hosted by Advocate Sherman Hospital, Coalition for a Safe & Healthy Elgin, Renz Addiction Counseling Center & the Elgin Police Department

Help us protect our families, friends and community from accidental poisoning, overdose, water supply contamination, and abuse from unused or expired prescription medications. Safely dispose of them at our upcoming Take Back Event:

Saturday, October 26, 10 a.m. – 2 p.m.

Advocate Sherman Hospital

Cancer Care Center (outside drive-up and drop-off)
1425 North Randall Road, Elgin, IL

Please bring all unused tablets or capsules in a clear sealable baggie for disposal

We will accept any prescription and non-prescription medicines!

If there is not a take back program near your home you may take meds out of the bottle, mix them in kitty litter or coffee grounds, seal them in a bag and throw them away.

KEEP THEM SAFE. CLEAN THEM OUT. TAKE THEM BACK.

Partners Involved: Gateway Foundation, Advocate Sherman Emergency Department, Ecker Center for Behavioral Health, Kane County Opioid and Behavioral Health Task Forces, Coalition for a Safe and Healthy Elgin

Program Outcomes for 2023

- The Warm Handoff Program is a partnership with Gateway Foundation where an Engagement Specialist meets in the Advocate Sherman Emergency Department (ED) with a patient who has come in for substance use-related health issues, providing screening and linkage of the patient into treatment. Additionally, a Recovery Coach on the Gateway Foundation team provides community support to patients as they transition into treatment. In 2023, Gateway Foundation completed 464 patient encounters and 139 patients (30 percent) were placed in treatment.
- Advocate Sherman serves on the Kane County Opioid Task Force and Behavioral Health Task Force. These coalitions have focused on addressing the growing mental health and substance use issues prior to and during the pandemic to increase awareness of resources available in the community. Advocate Sherman is also an active member of the Coalition for a Safe and Healthy Elgin (CSHE) which is funded through a Drug Free Community (DFC) grant. This coalition focuses on substance use prevention and education among youth in the Elgin area.
- Advocate Sherman coordinated the 2023 local National Drug Take Back day event, collecting over 291 pounds of drugs (including pills, liquids, patches and syringes).

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Accomplishments in 2023

Mobile Integrated Healthcare Program

- The Mobile Integrated Healthcare (MIH) community paramedicine program provides home visits by a licensed paramedic to patients with chronic health conditions in order to improve health outcomes.
- In 2023, there were 77 patients enrolled in the program and 40 patients were seen for 154 visits. The MIH Paramedic is able to provide home visits for the following health conditions: Heart Failure, Chronic Obstructive Pulmonary Disease, Diabetes, Post-Myocardial Infarction, Cancer Care and Pneumonia.
- In the past year, patients seen in the MIH Program had a 59 percent decrease in hospital admissions and a 28 percent decrease in emergency room visits.



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Accomplishments in 2023

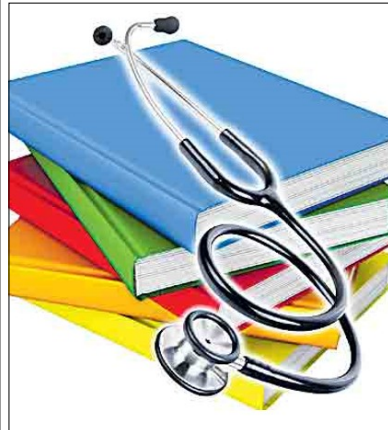
Blood Drives

American Red Cross Blood Drives

- Advocate Sherman Hospital partnered with the American Red Cross to provide monthly blood drives held at the hospital to address the ongoing critical blood supply shortage.
- In 2023, a total of 17 blood drives were coordinated.
- A total of 774 donors (including 84 first time donors) collected 660 units of blood which equates to approximately 1,980 lives saved.



American
Red Cross



Huntley High School Medical Residency Program

- The Huntley High School Youth Residency program provided a one-of-a-kind medical shadowing opportunity for 21 seniors in the Medical Academy to serve a residency at Sherman Hospital in 2023.

Community Health Worker Program

A community health worker (CHW) is an expert in local social support resources in a local community. The CHW often is a member of the community he or she serves and educates patients on where to get assistance in housing, utility assistance or Medicaid enrollment. A full-time CHW is embedded in the Advocate Sherman emergency department (ED). He meets with patients and assesses their social drivers of health (SDOH) to identify barriers and needs. He then links patients to a primary care home and other agencies for supportive services.

In 2023, the CHW worked with 302 patients, made 424 referrals, including 271 referrals to physicians, 29 referrals to Advocate Medical Group clinics and 213 referrals to federally qualified health centers. The top needs of patients seen were women's health (obstetric and gynecological care), Ear-Nose-Throat and orthopedic specialty care.

Stories from the Community

An unhoused elderly patient from a different country was admitted to Sherman hospital and referred to the community health worker (CHW). The CHW was able to work with the case management team and local social worker to place the patient into a rehabilitation facility upon the hospital discharge. The CHW kept in constant contact with the patient's family in the other county and continued to follow the patient's care plan even after discharge. "Without Juan, the CHW at Advocate Sherman Hospital, we can't imagine what would have happened to our loved one. Juan got him to Sherman Hospital safely, updated him everyday and ensured housing and rehabilitation services after discharge." When asked about the encounter, Juan said "One of the most rewarding moments I'll take in this role will be his face expression when I said "Hola, me llamo Juan". He knew exactly who I was."

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A FORECAST INTO ADVOCATE SHERMAN HOSPITAL 2024 PROGRAM PLANS

Advocate hospitals in Illinois reserve the right to redirect resources to address emerging public health threats even if doing so slows the ability to implement plans for addressing key priorities selected through the CHNA process. The community health team will focus on the selected health priorities, but will remain attentive to public health threats, prevention and promoting programs that address other key issues. Advocate Sherman Hospital is working in alignment with the Advocate Aurora Health Community Strategy. The AAH Community Strategy includes, but not limited to, the following six focus areas: access to primary medical homes, access to behavioral health services, workforce development, community safety, housing and food security.

Community Health Initiatives

Year: 2024

In 2024, Advocate Sherman Hospital will continue community health initiatives to address obesity, substance use and mental health. Increasing food security in the Advocate Sherman Primary Service Area (PSA) will remain a primary focus. The onsite Advocate Sherman Hospital community garden will remain active, and fresh produce will continue to be donated to community partners to assist local residents who are identified as food insecure. Additional community health initiatives that will continue are the Mobile Integrated Health program, Community Health Worker, monthly blood drives, National Drug Take Back Day and the Warm Handoff Program with Gateway Foundation. In 2023-2025, the hospital will also focus on implementing changes in Policy-System-Environment (PSE) in community health initiatives, with the goal of improving health equity in the community it serves.

Narcan Training Crew

Year: 2024

In 2023, Community Health staff at Advocate Sherman expanded collaborations with groups addressing the ongoing opioid crisis. Community health staff have been working with hospital nurse leaders to establish a new Narcan Training Crew of AHC teammates. Those wanting to teach community-based Narcan administration can register to complete Narcan training, followed by shadowing partner harm reduction agencies in the community. Once complete, teammates will be available to be assigned to train at community events. A central scheduling system is also being developed. The program will kick off in March 2024 and community health staff are working with the Magnet Program Coordinator to make the Narcan Training Crew a Magnet project.

Obesity

Year: 2024

In 2024, Advocate Sherman will continue to work on building strong systems to increase access to healthy foods for residents in the hospital service area. This will include working with area food pantries to work together to assess food pantry policies, systems and programs. Additionally, the hospital will identify area partners to implement the CDC evidence-based program, *Fit and Strong*, a community-based physical activity program that uses flexibility and strength training, aerobic walking and health education to promote behavior change in people with osteoarthritis or limited mobility. In 2024, the University of Illinois in Chicago will host a webinar for organizations in the Sherman PSA to gain interest and education on the *Fit & Strong* Program.

We Help People Live Well.