

ADVOCATE TRINITY HOSPITAL 2023 COMMUNITY HEALTH PROGRESS REPORT

A PROGRESS REPORT ON OUR 2023-2025 IMPLEMENTATION STRATEGIES

Every three years, Advocate Trinity Hospital (Advocate Trinity) completes a comprehensive Community Health Needs Assessment (CHNA). For the 2022 CHNA cycle, Advocate Trinity convened a Community Health Council (CHC) to review the significant health issues impacting the primary service area (PSA). In addition, Advocate Trinity worked in alignment with local community leaders, hospital leaders and the Chicago Department of Public Health and the Alliance For Health Equity, a public health collaboration of over 30 health and public health entities, to collectively address and the top health priorities and develop the 2023-2025 Implementation Plan. Advocate Trinity is an active member of the Alliance for Health Equity's collaboration meetings.

The 2023 Community Health Progress Report is a reference to the hospital's Community Health Implementation Strategies; this 2023 progress report summarizes the selected priorities, annual program outcomes and additional accomplishments for Advocate Trinity Hospital.

Priority: Diabetes

Program Outcomes for 2023

National Diabetes Prevention Program—Advocate Trinity maintained its recognition status as a Centers for Disease Control and Prevention (CDC) National Diabetes Prevention Program (DPP). The National Diabetes Prevention Program (DPP) is a Centers for Disease Control and Prevention program organized as a partnership of public and private organizations working to prevent or delay type 2 diabetes.



- In 2023, three DPP cohorts were established with 62 registered participants, 55 qualified participants enrolled, 36 participants were currently active and will complete in 2024.
- A total of 14 participants successfully completed the year long program on May 4, 2023
- Eleven completers achieved 5% weight loss and reduced their A1C by at least 0.2 percent.
- Advocate Trinity maintained its CDC Full Plus Recognition status – National Diabetes Prevention Program host site in December 2023
- Since 2022, a weekly online Zoom fitness session has been established by an AmeriCorps member to provide additional support for participants to meet their weekly average of 150 minutes of physical activity for weight loss. Over 40 participants from the DPP and Food Farmacy program have enrolled in the weekly fitness sessions.

Partners Involved:

LKC Health & Wellness, Centers for Disease Control and Prevention

Priority: Mental Health

Program Outcomes for 2023



Advocate Trinity partnered with team members from the AAH Faith and Health Partnerships to conduct mental health educational workshops and trainings in the community.

- Fifty-eight participants completed the Mental Health First Aid Training held at two non-for-profit organizations in the community.
- Thirty-seven older adults from two senior housing centers completed a six week Loneliness program.
- A total of 92 adults attended six Healing Toxic Relationships workshops at the Pilsen South East Wellness center
- One hundred teens completed four sessions of the Teen Loneliness program.
- Over 280 community residents participated in the 4th district police faith based committee prayer walk.

Partners Involved:

AAH Faith and Health Partnerships, Claretian and Associates, Compassion Baptist Church, Pilsen South East Center, 4th district police faith based committee

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Accomplishments in 2023

Food Security: Healthy Living Food Farmacy

Advocate Trinity's Healthy Living Food Farmacy continued to make huge strides in the community. Highlights of the year for the Food Farmacy includes:

- In 2023, 2,683 patient visits were served through the Healthy Living Food Farmacy.
- A total of 79,555 pounds of food was distributed to program participants.
- Live June news report coverage [WBBM-TV CBS2 CHICAGO](#)
[WLS-TV ABC CHICAGO](#)



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Accomplishments in 2023

SDOH/Live Well Mobile Health

The mobile health team in IL continued to provide outreach services to Illinois' most vulnerable communities by working with several community partners across the state.

- In 2023, the Mobile health team conducted screenings at 46 community events servicing 1,272 people and providing a total of 327 flu and COVID-19 vaccines.
- The mobile unit continues to support the Protect Chicago At Home vaccination program with the City of Chicago in providing in-home and mobile vaccinations to the Far South Community area in Chicago.
- In 2023, the protect Chicago at Home Program provided 1,056 COVID-19 and Flu vaccinations to in-home and mobile community.



Stories from the Community

On November 29th, the Mobile Health (MH) team provided assistance to a man at a health fair who had recently become homeless, had his car towed, and needed a medication refill. This all happened while Chicago was experiencing temperatures below zero. The team acted quickly by connecting the patient with the Community Health Worker (CHW) team to help him find temporary housing, transportation, and assistance with his medication.

Diabetes Prevention Program:

"I changed my eating habits and started avoiding processed foods. I began reading food labels and realized their importance. The Diabetes Prevention program was excellent, and I enjoyed it thoroughly. Thanks to the program, I was able to prevent type 2 diabetes. I completed the program from start to finish." –DPP Participant

Primary Care Connection- CHW Program

The Advocate Trinity Community Health Workers (CHW) assist patients in the emergency room and the community by connecting them to local resources such as utility assistance, food pantries, and primary care homes. They evaluate patients' needs and provide appropriate support.

- In 2023, the CHW served 2,780 patients in the ED, 1,346 appointments scheduled and provided 3,362 referrals given. More than 14 percent of the referrals were for food resources.
- More than 10,000 patients received care, support and resources from CHWs located in the emergency rooms across three IL Advocate hospitals- Trinity, Christ, and Sherman.

Hospital CHNA Reports |
Implementation Plan |
Progress Reports |

Website:
www.advocatechna.com

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A FORECAST INTO ADVOCATE TRINITY'S 2024 PROGRAM PLANS

Advocate hospitals in Illinois reserve the right to redirect resources to address emerging public health threats even if doing so slows the ability to implement plans for addressing key priorities selected through the CHNA process. The community health team will focus on the selected health priorities, but will remain attentive to public health threats, prevention and promoting programs that address other key issues. Advocate Trinity Hospital is working in alignment with the Advocate Health Community Strategy. The AAH Community Strategy includes, but not limited to, the following six focus areas: access to primary medical homes, access to behavioral health services, workforce development, community safety, housing and food security.

Live Well Mobile Health

Year: 2024

Advocate Live Well Mobile team continues its outreach activities in the Southland PSA to address Covid-19 education, vaccinations, and hypertension awareness programs in the community. The mobile unit also fosters partnerships with community-based non-profits to bring needed health screenings to the most vulnerable communities. The Mobile Health team works with local churches, federally qualified health centers, community centers, local YMCAs, food pantries and others to provide services that address the health and social needs of the communities it serves.



Diabetes

Year: 2024

The National Diabetes Prevention Program (DPP) is a Centers for Disease Control and Prevention program organized as a partnership of public and private organizations working to prevent or delay type 2 diabetes. Partnerships with community organization sponsors make it easier for people at risk for type 2 diabetes to participate in evidence-based, lifestyle change programs to reduce their risk of type 2 diabetes. Advocate Trinity will continue to offer diabetes prevention education using the Prevent Type2 curriculum in 2024.

Mental Health

Year: 2024

Advocate Trinity is dedicated to improving the mental health of the community by preventing mental health issues and ensuring access to behavioral and mental health services. As part of this commitment, Trinity will maintain its partnership with Advocate Faith and Health Partnerships and NAMI Chicago to provide additional support and programming for the 2022 CHNA cycle. The community will have access to Mental Health First Aid and behavioral health education, ensuring that they receive the necessary support and knowledge to manage their mental health.

We Help People Live Well.