

Contact Us

200 W. Golf Rd., Libertyville, IL 60048
847.990.5750
www.advocatehealthCentreClubs.com

Hours of Operation

Monday – Thursday: 5 a.m. – 10 p.m.
Friday: 5 a.m. – 9 p.m.
Saturday and Sunday: 6 a.m. – 6 p.m.

 Advocate Condell Medical Center
Centre Club

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Massage Therapy

 Advocate Condell Medical Center
Centre Club

Pricing

60-Minute Massage

Members: \$70 | Non-Members: \$85

30-Minute Massage

Members: \$48 | Non-Members: \$63

Reservations are taken a minimum of 24 hours in advance at the front desk or by calling 847.990.5750.

Cancellation Policy

We ask that you provide us with 24 hours notice of cancellation for any appointments. We reserve the right to charge for any appointments that are missed without notice or with less than 24 hours notice given.

Our Massage Therapists



Jan Rasmussen

Deep Tissue
Geriatric
Heated Stone
Joint Mobilization
Positional Release
Prenatal
Pressure Sensitivity
Rehabilitation
Swedish
Trigger Point



Dulce Moser

Area Specific
Deep Tissue
Swedish

Schedule

Tuesday

Jan: 10:30 a.m.,
11:45 a.m. and 6 pm.

Wednesday

Dulce: 2 – 4:30 p.m.

Thursday

Dulce: 9:15 – 11:45 a.m.

Friday

Jan: 10:30 a.m – 12:45 p.m.

Saturday

Dulce: 9 – 11:30 a.m.

The Day of Your Massage

- Arrive fifteen minutes early to allow time for check-in and payment. **An intake form must be completed before your first massage.** Your appointment begins at the scheduled time.
- The front desk attendant will provide you with a robe.
- Take a whirlpool or steam to relax and finish with a shower.
- Dressed in a robe, knock on the massage room door at the appointed time.
- The therapist will greet you.
- Be sure to talk with the therapist about massage pressure or any physical discomfort you may have.
- After your massage, please place all towels and robe in bins located in the locker room.

Clients under 18 must be accompanied by a parent/guardian in the room during massage.