“Summer CPE Will Begin with Seven Chaplain Students”

“Summertime and the livin’ is easy…” This sentiment may be true for some people in the “hazy, lazy, crazy days of summer.” However for seven Chaplain students and their supervisor, summer 2012 at Advocate Lutheran General Hospital will hold much more than this.

Beginning Monday, June 11 at 8:00 sharp, these chaplain students will be involved in orientation to the hospital and to the program of training known as Clinical Pastoral Education (CPE). As part of their orientation, chaplain students will shadow staff chaplains to observe how ministry to the spiritual and religious needs of patients is carried forward here. Soon they will be solo visiting patients and working with interdisciplinary staff to best address patient issues, concerns and needs. They also will be engaging daily in group process learning to reflect on and learn from their efforts in ministry. Below you will find a brief autobiographical statement by those who will join us for our summer CPE intensive, as well as their pictures. If you happen to meet any of them over the course of the summer, please introduce yourself and allow them to enrich your understanding of the learning and ministry that they will have engaged. In their own words, here is the Summer CPE Class of 2012.

Samuel Javaid Akhtar
I am a Presbyterian by descent, and a Presbyterian minister of word and sacrament. I was born and raised, and educated mostly in Pakistan. I am married for 28 years, and have two children. My daughter is the eldest, married, and lives with her husband. My son is the youngest, and lives with us. I did high school, college, and Theological Seminary in Pakistan. I am in the process of completing my doctoral studies here. I am serving an immigrant congregation, and by chance happen to serve the seniors in Lake Forest Hospital. I have been inspired to serve the suffering humanity, which is generally neglected, and marginalized. I am pursuing CPE to go for hospital chaplaincy later on.

Amy Diller
Hi, I’m looking forward to working with you all this summer. I am the oldest of three children, my parents and grandmother reside in Mississippi and my siblings are scattered around the Midwest. I live in Hyde Park with one roommate. I attended college at the Mississippi University for Women, graduated with a degree in Culinary Arts, and I am currently working on a Master’s of Divinity at the Lutheran School of Theology at Chicago. I was raised in both the Catholic and Protestant Christian traditions, and joining the ELCA Lutheran church as an adult has been where my faith has found its home. I am pursuing ordination in the ELCA and a CPE residency is part of that picture. My current academic program places CPE between a student’s first and second year of seminary, and I welcome the opportunity to learn from Advocate Lutheran.
Men and Women’s 37th Annual Golf & Tennis Classic

Save the Date, Monday, June 18 for the Advocate Lutheran General Hospital Men and Women’s 37th Annual Golf & Tennis Classic: Let’s Play it for the Kids! Proceeds benefit the Advocate Lutheran General Children’s Hospital and other special hospital programs. This year, the title sponsor is The John and Jean Simms Family. Registration starts at 10 A.M. and includes lunch buffet, golf, tennis and dinner at the Park Ridge Country Club, 636 N. Prospect Avenue, Park Ridge, IL 60068. Guests have the opportunity to golf or purchase tickets for dinner only at the country club, which starts at 5:30 P.M.

For more information on registration or sponsorship opportunities, contact Mary Kozil, Charitable Foundation, at 847.723.8144 or mary.kozil@advocatehealthcare.com. Also visit, http://www.advocatehealth.com/lghgolf.

Established in 1962, the Men and Women’s Association of Advocate Lutheran General Hospital is a community-based philanthropic and social organization committed to support the mission of the hospital. Over the years, the organizations donations have assisted Lutheran General in expanding its programs, purchasing state-of-the-art medical equipment and pursuing research and education initiatives. The association has given approximately $1 million for initiatives impacting nearly every area of the hospital, including pediatrics, psychiatry, cardiology, emergency department, mission and spiritual care, older adult services, cancer care, health and wellness offerings. The Men and Women’s Association has provided funding for the Caldwell Breast Center at the Lutheran General Center for Advanced Care, the annual Peds in the Weeds picnic for pediatric cancer patients and their families, Health Careers Night, a Trauma Day experience for local high school students, the Adult Down Syndrome Center on Lutheran General’s campus, cystic fibrosis program equipment, and an education video for the Pediatric Esophageal Center at Lutheran General Children’s Hospital.

Lutheran General awarded American Heart Association’s 2012 Mission: Lifeline® Receiving Center - SILVER Level Recognition Award

Based off 2011 calendar year’s data, Lutheran General Hospital received a Mission: Lifeline® Performance Achievement Award – Silver Level. The American Heart Association has partnered with the Society of Chest Pain Centers to offer accreditation to Mission: Lifeline hospitals, which Lutheran General is now a part. Accreditation denotes the highest level of STEMI and cardiac resuscitation care. Hospitals that earn accreditation have the unique opportunity to display the Heart-Check mark, a symbol millions of Americans know and trust. A Mission: Lifeline Referral Center Accreditation identifies hospitals that meet high standards of performance in prompt diagnosis and transfer of STEMI patients.
Meet our CPE Residents

The five 2011-2012 Clinical Pastoral Education residents are already in their last term with us! They will be completing their program at the end of August. Most students rotate through three clinical services during their year, so they are engaged in their third assignments. We value diversity as both an educational resource and justice issue, and our group embodies those values. There are representatives from several faith traditions. Jeff King is an ordained ELCA minister who has previously served three congregations as pastor and five as interim. He also served in Information Technology for the ELCA national office for several years. His current clinical area is on our Obstetrics and Pediatrics team at ALGH. Karen Mooney originally worked in marketing, communications, and information systems in a major corporation. Raised in the Unitarian Church, she is now Episcopalian, and has completed her MDiv from Meadville-Lombard Theological Seminary. Her residency position is sponsored by Rainbow Hospice, Inc. where she does her clinical work. Riva Edmonds is a new graduate from Interdenominational Theological Center in Atlanta, Ga. A non-denominational Christian, she is already a published author! Riva is on the Critical Care Team. Now in her fifth unit of CPE, Judy Wolicki previously has worked as an attorney, a chaplain, and a hospital ethicist. A member of the Religious Society of Friends (Quaker), her clinical area is on the Medical-Surgical team. Michael Hayes is ordained in the Pentecostal Assemblies of the World, and in addition to parish ministry, has founded other civic and educational organizations to serve Black youth. Michael’s current assignment is at St. Matthew Center for Health, a long-term care facility. The group is supervised by one of our three CPE supervisors, Susan Gullickson, Joseph Czolgosz, and René Brandt each term. This group of residents, as most, enriches our department and the ministry we offer here at ALGH. We are grateful to have them among us and continue to enjoy their gifts for ministry!

Pictured from top left to right:
Jeff, Karen, Riva, Joe, Judy, René, Susan, Michael
Questions & Answers
Information for Visiting Clergy and Pastoral Visitors

Q: How can I contact my colleagues in ministry?
A: Please feel free to call our office anytime at 847-723-6395. During off hours, weekends, and holidays we can be reached by calling the Hospital Operator and asking for the Chaplain On-Call. We may also call on you for help with specific faith tradition or denominational requests.

Q: How do I find a patient without violating any confidentiality rules (HIPAA)?
A: You may request the room locations of patients who are members of your congregation by calling our office at 847-723-6395. You may also stop by our office on 1 East in the main building across from the hospital chapel. (Note that patients may decline to have their name listed in the census.) You must have a clergy ID badge to view the census.

Please get your parishioners’ or members’ permission before sharing information about their hospitalization. Also, ask your members what they want you to share with the congregation when honoring prayer requests. It is best not to share details about diagnosis, treatment plans or prognosis.

Q: What are visitation procedures?
A: We encourage community clergy and pastoral visitors to visit patients from their own religious congregations. Patients outside of your congregation may be visited at the request of the patients, members of the patient’s immediate family or the patient’s guardian.

Q: When are visiting hours?
A: Visiting clergy and pastoral visitors are not bound by normal visiting hours. However, you must arrange your visit at the convenience of the patient and our staff.

Q: What do I do for after hour visits?
A: You must enter through the Emergency Department from 9:00 p.m.- 6:00 a.m. The Emergency Department security officer or Patient and Guest Service supervisor will help you find the patient, provided you have some way to identify yourself as the patient’s clergy representative.

Q: How do I obtain patient room information?
A: You may get room numbers of patients in your congregation at the Information Desk in the main lobby or in the Mission and Spiritual Care Office on 1 East across from the hospital chapel. Please contact our office at 847-723-6395 or page the on-call chaplain if you have any problems or concerns in finding a patient.

Q: What are your procedures for leaving tracts and sacred literature?
A: You may use appropriate religious literature when ministering to your parishioners or others who have requested your services. General distribution of tracts and other religious literature in the hospital is not permitted. Leaving tracts in waiting rooms, lobbies, bathrooms, the hospital chapel and other public areas is not permitted. Devotional and sacred literature is available from the Chaplains’ Office on 1 East across from the chapel.

Q: What should I park?
A: There are two “Reserved for Clergy” parking spaces behind the Emergency Department entrance that can be used for clergy parking for urgent calls and visits. We ask for your consideration for your colleagues, that you please use these spaces only in situations of
American Society of Clinical Oncologists Urges Advance Directives & Palliative Care

In an effort to improve the communications between doctors and patients, the American Society of Clinical Oncologists (ASCO) just released a new policy statement and a patient guide for conversations about the time when treatment options run out. "While improving survival is the oncologist’s primary goal, helping individuals live their final days in comfort and dignity is one of the most important responsibilities of our profession," says ASCO president, Dr. George W. Sledge, Jr. The organization is urging its members to make the first move and initiate these very difficult conversations.

When a patient is told he or she has advanced cancer, the first thought is to fight it, beat the cancer. But what happens when the available treatments don't work anymore? What does the patient want their oncologist to do next? If patients don't have advance directives or a will, and never tell their doctors how far they want to go, it can have tragic consequences says Dr. Allen Lichter, a radiation oncologist and ASCO’s CEO. He gives an example where a patient with advanced, incurable cancer is rushed to the hospital in an ambulance in an area where emergency medical personnel have to put a breathing tube into a patient who stopped breathing. Because he is intubated, the patient can no longer speak. Since no advanced directives on how he wants to be treated exist, the patient spends the next 3 days in the intensive care unit (ICU) and then dies. The patient never had a chance to say good-bye to his wife and children, but the family is bankrupted by $25,000 in medical bills stemming from the stay in the ICU.

The point Lichter is making is that this same patient could have benefitted from hospice care. But as this new position paper points out, "the transition from a focus on disease-directed treatment to an emphasis on palliative care all too often occurs within days of the end of life."

"We [ASCO] support respecting patients’ wishes in the end but if we don’t have the discussion and don't know what that is then we can't necessarily respect those wishes," says Lichter. For entire story, click here. (From: CNN Health) The chaplains in the Department of Mission and Spiritual Care work with our patients to complete their Advance Directives. We would also be happy to work with your congregations and communities of faith as questions arise concerning their Advance Directive planning. Feel free to call our office (847-723-6395) to arrange for one of our professional staff to give a presentation on Advance Directives or Palliative Care in your community.
Summer Interns continued from Page 1

Aaron Meszaros
I was born and raised in Grand Rapids, Michigan. Growing up, I was always around family and parish, and sought to be involved whenever possible. I was raised in the Roman Catholic tradition and from an early age wished to be a priest. In 2007 I entered the Redemptorist formation program. Redemptorists is a religious order founded by St. Alphonsus Liguori. We are sent forth to bring the good news of God's love and redemption to all, especially the poor and most abandoned. I began my studies with the Redemptorists at St. John's University. I graduated in 2009 with a Bachelor's of Arts in philosophy. Currently, I am in temporary religious vows (vows of chastity, poverty and obedience) with the Redemptorists, and am studying for my Masters in Divinity at Catholic Theological Union (CTU) in Chicago, Illinois. I am pursuing CPE as part of a program of theological education at CTU so as to deepen my understanding of ministry, of others and of myself.

Angela Ryo
was born and raised in Seoul, South Korea until the age of nine. When she was nine, her family immigrated to America. She completed her grade school, middle school, and high school in Skokie, IL and went on to major in English at University of Illinois in Urbana-Champaign. Several years after graduation, Angela went back to graduate school to pursue her teaching degree in secondary education; she has been a high school English and ESL teacher for the last six years. For the last fourteen years, she has also served as part-time children's pastor, youth pastor, and young adult pastor in various local churches. Currently, she is a full-time MDiv student entering her third year at McCormick Theological Seminary, a full-time English/ESL teacher at Niles North High School, a full-time mother of two lovely children (ages 9 and 10), and a full-time wife. Angela is currently under care for pastoral ordination in the Chicago Presbytery of PCUSA. Angela is grateful that CPE is part of the ordination requirement in the Presbyterian Church; otherwise, she might have missed the wonderful opportunity to learn, reflect, and grow in one of the most effective CPE programs with some amazing people she looks forward to meeting very soon.

Rev. Joseph Samuel
He is born and brought up in Christian family of Church of South India of Anglican origin in Kerala, India. After his graduation in Literature, he obtained Theological Diploma (BD) and Masters (Master of Theology) from the Senate of Serampore University, Kolkata, India. He is into the pastoral ministry of the CSI for 9 years and now on his deputation to Chicago. He is married to Nisha Elizabeth and they have daughter Almithra Reba Joseph and the second child is due for September 2012. He considers CPE course as an essential and integral for his pastoral ministry as vocation to involve in the life of the people, especially with specific needs of traumatic diseases. He also hopes that this course of systematic study will help him to train others to encourage them in this wonderful mission.

Jillian Zarlena
I was raised in the suburbs of Chicago. My folks recently moved to Tennessee, near the Smoky Mountain National Park. My husband Dan and I were married in January of this year. I am a member of the United Church of Christ. I hold a degree in Theological Studies from Elmhurst College. I am a third year student at Chicago Theological Seminary. CPE will aid me in completing my degree requirements and in discerning my call to chaplaincy.

Denise Johnson
Unavailable for Comment
Disaster preparation for faith communities

“At Lutheran Disaster Response, we often say that we teach people to withstand disasters so they can stand with their communities,” says Rev. Kevin Massey, Vice-President, Mission and Spiritual Care, Advocate Lutheran General Hospital and former director of Lutheran Disaster Response. “That is really the basic goal of disaster preparation for a congregation – to continue in your key functions and offer assistance to your neighbors.”

Determine what is key to your congregation.
Disaster preparation begins well in advance of any emergency by asking a congregation’s leaders to determine what defines the congregation. “In all faith communities, it is the people who are the church. Turn to them to build a plan so you can continue your main ministries regardless of unexpected events.

“Identify our mission, your critical activities. For example, think about where you would worship if the building was destroyed, and pre-identify a back-up site. In Joplin, Missouri, a church that was destroyed by the tornado worshipped in a parking lot the very next Sunday! That congregation knew worship was important to them and was prepared to continue with it regardless of what befell them.

“In another area, one church leader was at a meeting with a group of faith leaders and asked, “Can we worship at your place if something dire happens to ours?” Those two pastors made a mutual aid agreement right on the spot!

“If an emergency happens, you can’t do everything. What can wait two weeks? What must you focus on? Knowing what is key to your congregants is imperative.”

Prepare for small emergencies. If you prepare for small emergencies, you will be better prepared for big emergencies.
“While the most likely disasters a church faces are water-main breaks and fire. If you plan for those problems, your planning will be applicable if a more dramatic event occurs,” advises Massey.

Develop a schedule for backing up your computers. Losing valuable computer information during a disaster can mean weeks of extra work and great disappointment for a

Disaster plan basics
- Post emergency phone numbers at all telephone locations.
- Specific, detailed plans should be prepared for dealing with medical emergencies, fire and severe weather.
- Emergency evacuation is not commonplace in houses of worship, but having a plan to vacate your facility is essential. Develop and post an evacuation route for each classroom and office.
- Give thought to those who are vulnerable and might be displaced or especially burdened by emergencies. Senior citizens, persons who are disabled, single mothers and families in trailers may need special help.
- Do your best to find time to develop a plan to insure the safety of your congregation and staff regarding violence — fighting, weapons, hostage situations, even terrorism.
- Other congregations have already developed step-by-step plans for disasters. Search the Internet to see what they have done, and use that as a starting point for your plans.

Faith leaders’ communication during a disaster
Keep your message succinct. Research shows that the mind’s ability to process information declines after:
- 27 words
- 9 seconds
- 3 messages

Let your empathy show. The research also reveals that people “want to know that you care before they care what you know.” Additionally, communication during high stress situations demands attention to three principle attributes:
- compassion
- conviction
- optimism

Computer safety can be greatly enhanced simply by having a staff member take a backup of important files home once a week.
Continued from previous page: Congregations may be impacted by a variety of events, including storms, floods, and wildfires. It is important to have a plan in place to ensure the safety of your congregation and your community.

“Religious leaders should be prepared to respond to emergencies,” says Rev. Kevin Massey, ELCA. “This includes knowing how to respond to disasters, being able to access resources, and being able to communicate with others.”

Look to both staff and volunteerism when building a plan and finding a leader for an emergency team. Nurses, first responders, police officers, doctors, chaplains, and mental health counselors — these people may have the very skills needed.

Be ready for a challenge. When a disaster occurs, some people question their faith, but more often than not, a faith community embraces such a challenge as a new mission opportunity. “A disaster doesn’t stop us from being who we are. It doesn’t keep us from doing social ministry. It is then that the whole congregation needs special care and turns to their faith community for help more than ever.” Prepare today so that you are able to offer support tomorrow.

Resources for faith leaders


The National Disaster Interfaiths Network. This site has resources on congregational preparedness and includes a rich library of downloadable information, relevant blogs and websites, disaster tip sheets, a searchable directory of resources and much more. [Link](https://n-din.org)

National Volunteer Organizations Active in Disaster. Organizations share knowledge and resources throughout the disaster cycle — preparation, response and recovery — to help disaster survivors and their communities. [Link](http://nvosad.org)


Advocate Health Care

Advocate Health Care Facilities:
- Advocate BroMenn Medical Center, Normal
- Advocate Christ Medical Center, Oak Lawn
- Advocate Condell Medical Center, Libertyville
- Advocate Eureka Hospital, Eureka
- Advocate Good Samaritan Hospital, Downers Grove
- Advocate Good Shepherd Hospital, Barrington
- Advocate Illinois Masonic Medical Center, Chicago
- Advocate Lutheran General Hospital, Park Ridge
- Advocate South Suburban Hospital, Hazel Crest
- Advocate Trinity Hospital, Chicago

Children’s hospitals:
- Advocate Hope Children’s Hospital, Oak Lawn
- Advocate Lutheran General Children’s Hospital, Park Ridge

Share the news! This publication may be copied for use by others if printed acknowledgment of source is included.

Looking for a previous issue? To read back issues of Connections, please go to: [advocatehealth.com/newsletters](https://www.advocatehealth.com/newsletters)
Food allergy basics

An allergy is an immune system reaction that happens shortly after eating a particular food. The body mistakenly interprets that food as harmful and releases something in the bloodstream to fight that culprit. Even a very small amount of that food can trigger a reaction, and sometimes those reactions are serious.

Milk, eggs, peanuts, tree nuts, soy, wheat, fish, shellfish -- these are the most common food allergens affecting Americans. Today nearly 7 percent of young children and 4 percent of older children and adults have such allergies.

Common allergic reactions include tingling or itchy mouth, hives or other swelling, abdominal distress and dizziness. But for some people, a life-threatening reaction called anaphylaxis occurs. Then the throat may constrict; breathing may become difficult. Blood pressure may drop, or a rapid pulse may develop. Anaphylaxis requires immediate emergency treatment.

Sometimes people have a reaction to a food only after they have exercised. Waiting a few hours after eating before you work out and avoiding certain foods can help considerably.

Food intolerances are bothersome, too, but much less serious than food allergies because they don’t involve the immune system. Often you can eat small amounts of such problem foods without causing a reaction.

Heredity plays a key role in allergies, but recent increases in allergic disorders cannot be explained by genetic factors alone.

Prayer: We appreciate the beautiful foods that come to our table at this time of year and are grateful for each breath of spring we take. Be with those who are challenged by allergies this season. Amen.

Practical Guide to the Health Care System:
The burden/benefit conversation

When you are considering a critical medical treatment, your doctor will want to review with you the benefits and the burdens of that treatment to help you reach the best decision.

• Benefits are the results that a specific medical intervention is expected to attain.
• Burdens are the physical pain, emotional pain/discomfort/suffering and losses that a specific medical intervention will likely impose.
• Risks are the burdens that might result from a specific intervention.

When evaluating burdens, sometimes other factors, such as treatment cost and time involvement, are included. Many people like to include the impact of the treatment on their families. Loved ones do suffer at such times. One study found that nearly one out of three family members experiences anxiety and depression during and after an ICU stay.

Some patients and families have unrealistic expectations about outcomes. There are many reasons for this, including positive coping mechanisms such as hope and denial and unrealistic expectations fueled by television and Hollywood.

But treatment decisions should be guided by reality. What is the objective of the treatment? Treatment for cure emphasizes restoring function, often at the cost of comfort. Treatment for comfort emphasizes pain management and less intrusion, sometimes at the cost of function.

Before making any choice relating to medical treatment or change in the care plan, review the burdens and benefits with your medical team and loved ones in a heart-to-heart conversation. That is likely to lead you to your best decision.

Coming in June: Medical Providers

Advocate Health Care
Inspiring medicine. Changing lives.
“Healthy Living” Lecture Series
Your Weight | Life After a Stroke | Rehabilitation After a Stroke | Our New Electrophysiology Lab

Don’t Wait to Work on Your Weight
Tuesday, June 5, 2012
Presented by:
Dr. Jeffrey Rosen, Bariatric Surgeon
Dr. Jennifer DeBruler, Internal Medicine Physician

Thriving and Surviving: Life After a Stroke
Tuesday, June 12, 2012
Presented by:
Dr. Mary Schmidt, Neuropsychologist

Physical Rehabilitation After a Stroke
Tuesday, June 19, 2012
Presented by:
Dr. Susan Lis, Physical Medicine & Rehabilitation Physician

Opening Our Hearts to You: Come Learn About Our New Electrophysiology Lab
Tuesday, June 26, 2012
Presented by:
Dr. Scott Miller, Cardiologist
Dr. Justin Weiner, Cardiologist
Dr. Marc Ovadia, Pediatric Cardiologist

All lectures are free and take place from 7 - 8 pm at the West End Conference Center. Free valet parking and refreshments are provided to attendees.

Coming in June: Healthy Living Lecture Series

Registration | Space is limited!
To register for an event, call 1.800.3.ADVOCATE (1.800.323.8622) and mention the class code or go to advocatehealth.com/luth click on “I need a class or support group” and type the class code in the keyword box.

Advocate Lutheran General Hospital
Lutheran General Children’s Hospital
Inspiring medicine. Changing lives.
SENIOR ADVOCATE
BREAKFAST CLUB

Laughter is the Best Medicine
Cathy Burchard, certified laughter instructor, will be presenting on how laughter can help lower blood pressure, relieve stress and give us more energy. This fun-filled, interactive and informative program will teach us the importance of putting a little laughter in our lives every day as part of a healthier lifestyle!
When: Friday, June 15, 2012
Code: 8S16

Money Matters...especially in your later years.
Chris Valentine financial advisor and educator to our senior centers will discuss current economic conditions, how they affect us and other options for us. Chris leads Money Matters educational series for our seniors.
When: Friday, July 20, 2012
Code: 8S17

Acupuncture and Pain: a 4,000 year old approach!
Mary Lee Quaid, licensed and board certified acupuncturist will tell us how seen and unseen causes of pain manifest in our bodies and what we can do about it. Acupuncture is a 4,000 year old healing art, yet many people do not know its ability to treat pain without the use of drugs. Learn more about this unique form of treatment.
When: Friday, August 17, 2012
Code: 8S18

How Not to be a Victim of Ruse Burglaries
Officer Matt McGannon from Park Ridge police department will explain to us what has been occurring in our suburbs...ruse burglaries. He will discuss ways to prevent us from becoming victims. This is a must see!
When: Friday, Sept. 21, 2012
Code: 8S19

To register, call 1.800.3.ADVOCATE (1.800.323.8622) or visit advocatehealth.com/senioradvocate and click on “I need” and “to register for a class.”
Advocate Lutheran General Hospital’s Senior Information and Resource office.....
Call us for help: 847.296.0737

Senior Information and Resource - Information and Resource is a free service that connects you with trained staff that can provide you with information on a wide variety of services and programs.

Senior Advocate personal assistance with Medicare and supplemental insurance billing.

Adult Day Center - This program offers a safe, secure and stimulating environment for older adults who, because of physical or cognitive disabilities require supervision throughout the day.

Expressions - A new program designed for people with early memory loss.

Philips Lifeline - Lifeline is a personal response system that links older adults to help at the push of a button 24 hours a day. The newest technology can automatically detect a fall and summon for help.

Home Delivered Meals - A support service provided to homebound elderly, individuals recovering from hospital stay or disabled persons who cannot prepare their own meals.

Free blood Pressure Screening done the first Wednesday of every month between 10:00am and Noon at our Senior Advocate office located at: 8820 W. Dempster Street, Niles, IL

(Across from Advocate Lutheran General Hospital)

Older Adult Services & Senior Advocate staff members you should know:

Mindy Haglund: Information and Referral Specialist, Home Delivered Meals and Philips Lifeline Coordinator 847.296.0737

Agata Doerfler: Senior Advocate billing counselor 847.723.7277

Linda Gonzalez: Senior Advocate billing counselor 847.723.7277

Sandra Mueller: Senior Advocate billing counselor 847.723.7277

Edythe Hirasawa: Manager, Medical Model Adult Day Service 847.824.5142

Gwynne Chovanec: Director of Senior Advocate and Older Adult Services 847.824.5143

“When I was young, I could remember anything, whether it happened or not”

Mark Twain
37th Annual Golf and Tennis Classic
Men and Women’s Association of Advocate Lutheran General Hospital
Benefitting Lutheran General’s Children’s Hospital and special programs
Title Sponsor—The John and Jean Simms Family

**When:**
Monday June 18th, 2012
Registration—10am
Lunch—11am
Shot Gun Start—1pm
Tennis—2pm
Dinner and Cocktails—6pm

**Where:**
Park Ridge Country Club
636 N. Prospect Avenue
Park Ridge, IL 60068

**Ticket Pricing:**
Single Golf Ticket $525 •
Single Tennis Ticket $225 •
Dinner Only Ticket $100 •

For online registration, visit www.advocatehealth.com/lghgolf

Contact Sara Sloan at (847) 723-2327 with questions, information on sponsorship opportunities, or to sign up!

Advocate Lutheran General Hospital
Lutheran General Children’s Hospital

Inspiring medicine. Changing lives.
Toys 4 U

Wednesday June 20th
and
Thursday, June 21st
8 a.m. - 6 p.m.

Toy Fair Featuring Name Brand Toys-Fischer Price-Mattel-Hasbro and Dreamynitelinens featuring 1200 thread count luxury linens

At the West End Conference Center, 1st floor of the hospital near the B elevators

Sponsored by the Lutheran General Service League. Your purchases help support Service League programs such as Pet Therapy, Music Therapy, Student Scholarships, High School Internships, Trauma Day and Cardiac Heart Pillows. — THANK YOU!