A Note from Rev. Kevin Massey

In the month of May we celebrate Nurse’s Week. We are grateful in Advocate Health Care for the thousands of dedicated and talented nurses who are part of our healing ministry. I would like in particular during this month, uplift for you all the ministry of Faith Community Nursing.

Faith Community Nursing, which was formerly called Parish Nursing is something that Advocate Health Care has been a founding leader. In 1984, Lutheran General Hospital, through the vision and efforts of the Rev. Granger Westberg, initiated the first Parish Nurse program. An ecumenical program from the onset, these partnerships included three Lutheran churches, two Roman Catholic churches, and one Methodist congregation.

The purpose of Advocate Faith Community Nurse Ministry is to nurture the human spirit through health education, spiritual support, and linking the needs of the whole person to resources within the congregation, community, and the health care system.

Today, as part of Advocate Health Care’s continuum of care, the Faith Community Nurse Ministry is working in 29 diverse congregations. These faith communities are widely scattered throughout the Chicagoland area from West Garfield Park and Uptown Chicago neighborhoods to the suburban settings of Arlington Heights and Naperville.

I have been proud over the years to meet many of Advocate’s Faith Community Nurses, and they provide a cherished ministry caring for the body, mind, and spirits of countless many persons. We wish each of our Faith Community Nurses and all of our nurses in Advocate a Happy Nurse’s Week.

For more information about the program, please contact:

Advocate Faith Community Nurse Ministry
Director, Nancy L. Durbin, MS, RNC
3075 Highland Parkway, Suite 390
Downers Grove, Illinois 60515
630.929.6104

e-mail: nancy.durbin@advocatehealth.com
www.advocatehealth.com/parishnursing

Blessings,
Having memory problems or trouble thinking clearly?

If this sounds like you, or someone you know, please consider the ENGAGE Study.

The ENGAGE Study is a global clinical research study assessing the efficacy and safety of an investigational medication, to determine whether it can slow the progression of symptoms in early Alzheimer’s disease. There are currently no approved treatments that delay memory loss and progression of disability in Alzheimer’s disease.

You may be able to take part in the ENGAGE Study if you:

- are 50–85 years of age
- are experiencing symptoms that might be related to early Alzheimer’s disease, such as problems with memory or thinking clearly
- have someone who can be your study partner to accompany you to certain appointments and provide information about your health.

If you, or someone you know, would like more information about taking part in the ENGAGE Study, and helping us to research and advance a potential treatment option for early Alzheimer’s disease, please contact the study team using the details below.

Advocate Memory Center

1875 Dempster St. Suite 550, Park Ridge, IL 60068

Sherri Loeb, Phone: (847) 720-6464

Model Jewish Passover Seder

A Model Jewish Passover Seder, including traditional ritual symbols, will be conducted in the Sasser Conference Room on the 10th Floor beginning at 11:00 am on Wednesday, April 13 for patients, family members, staff, and volunteers.

If interested in attending, please RSVP to 847-723-6395 by Wednesday, April 6.

This Seder will also be available for viewing in patient rooms on hospital Channel 12 during Passover.

The Volunteer Art Cart is in need of plastic water bottles. Donations are appreciated!

They are filled with a tissue paper flower and then given to adult in-patients throughout our hospital. Please rinse them out first (we don’t need the caps) then drop them off at the Main Information Desk or the Volunteer Office on 9 South anytime. Thank you very much!

Georgia Paschos and the Art Cart Team
Introducing an Innovative CPE Program at Advocate Lutheran General Hospital

Students can complete 2 units of CPE Residency Curriculum with a 20 hours/week commitment.

ACPE Supervisor, René Brandt, has been supervising chaplain interns and residents at Advocate Lutheran General Hospital (ALGH) for sixteen years. She has expertise in teaching chaplains how to make use of the most current literature in their pastoral practice. This program will include a certificate in Advance Care Planning along with training in Spiritual Assessment, Crisis and Bereavement Care, Medical Ethics and Crucial Conversations. It will also provide a structure for intensive self-reflection and expansive self-awareness.

Program Details
Dates:       Unit I       August 22, 2016—January 15, 2017
             Unit II      January 16—June 3, 2017*
Times:       5 hours of class on Mondays
             15 hours of experiential learning scheduled according to
             participant’s availability (8 hrs on-call chaplaincy, 7 hrs
             unit-based chaplaincy)
Fee:         $425 per unit (scholarship is available)
Apply:       Email application to rene.brandt@advocatehealth.com
             Application can be found at www.acpe.edu/ACPE/Resources/Forms.aspx

*Note 4 units of CPE are required for Board Certification as a Professional Chaplain
ALGH CPE Programs are accredited as a part of Advocate Health Care System CPE by The Association of Clinical Pastoral Education, Inc., 1549 Clairmont Road, Suite 103, Decatur, Georgia 30033 Phone: 404-320-1472, www.acpe.edu
Autism Walk

The annual Walk Now for Autism Speaks is on Saturday, May 14th at Soldier Field, Chicago. Every year, Advocate’s Pediatric Developmental Center (PDC) participates in the walk and has a table at the resource fair. Look for the Advocate Children’s Hospital logo on our tablecloth, banner and t-shirts. At our resource table, we have dedicated associates who can talk with you about our comprehensive autism services. We have informational flyers, giveaways, and structured art activities for children attending the event. The Advocate associates who work this event are a mixture of providers from the Autism Program at the PDC and, in recent years, from our Park Ridge Autism Program.

To walk with us or for more information please visit: www.autismspeakswalk.org

The Men and Women’s Association Offering Two Scholarships

The Men and Women’s Association of Advocate Lutheran General Hospital and Advocate Children’s Hospital – Park Ridge is offering two college scholarships.


Download the application at www.advocatehealth.com/luth-scholarships

Applications can also be found at the main front desk of the hospital.

If you are interested in becoming a member of the Men and Women’s Association, please contact Jim Del Giudice, Manager, Physician Relations at 847.723.6974.

Join Advocate Lutheran Generals against Cancer

Walk and Roll Chicago – April 23, 2016

Saturday, April 23, 2016

8:30 am Registration; 10 am Step Off

Chicago Lakefront (Soldier Field)

$15 Registration fee is waived with discount code: ADVOCATE. You do not have to be an employee to get this discount if you are affiliated with our team. Your family and friends are welcome!

Free registration for Survivors with discount code: SURVIVOR

If you have any questions, please contact Sharon Walenga at 847.723.3345 or sharon.walenga@advocatehealth.com.
As the days get longer, the robins return and the flowers begin to bloom, spring is a welcome return. It is beautiful to see these signs of spring, signs of hope that new life and growth can occur after the cold of winter.

During these early days of spring, many faith communities are also celebrating holy days which point towards hope for all seasons. Our Jewish sisters and brothers observe Passover, where they recall God’s promise of freedom as the Hebrew slaves are delivered from slavery and journey towards the promise land. Our Christian sisters and brothers journey through Holy Week and hear the stories once more of pain and grief of Good Friday and the promise of new life of Easter found in the resurrection of Jesus Christ. These messages of hope and new life are the cornerstone for these two faith traditions and enlarge the hope of spring with penultimate hope found in their respective traditions.

Here at Advocate Children’s hospital, signs of hope found in the spring and sacred stories of hope and faith, inspire us as we offer care and support to children, so that they too may live lives filled with hope, health and promise. Thank you to all of you as our faith community partners who nurture hope in the lives of children and families. It is an honor to join with you in nurturing hope and health in our community.

Springtime Prayer
Ralph Waldo Emerson

For flowers that bloom about our feet,
For tender grass, so fresh, so sweet,
For song of bird, and hum of bee,
For all things fair we hear or see,
Father in heaven, we thank Thee!

For blue of stream and blue of sky,
For pleasant shade of branches high,
For fragrant air and cooling breeze,
For beauty of the blooming trees,
Father in heaven, we thank Thee!

Advocate Children’s Hospital Car Seat Program

Advocate Children’s Hospital is dedicated to the safety of children and as a result, has developed a Car Seat Safety Program to evaluate and instruct on proper car seat installation at both the Oak Lawn and Park Ridge campuses. If you’re interested in having your car seat checked by a certified car seat technician or would like info on the right type seat for your child, please call the Injury Prevention Team at 708-684-7019 to schedule an appointment.

Car Seat Appointments
Park Ridge Campus – Every Thursday 9 a.m. – 2 p.m.
Oak Lawn campus - Every Tuesday 9 a.m. – 2 p.m.
Children’s Health Resource Center

Do you need reliable health information? Let us help. The Children’s Health Resource Center at Advocate Children’s Hospital – Park Ridge offers trusted health information for parents, teenagers, and children. Our caring staff can help you find health information from reliable websites, pamphlets, and other materials. We also have over 4,000 children’s health library books available for loan. Contact our resource center staff for more information at:

**Children’s Health Resource Center**

1675 Dempster Street, 2nd floor
Park Ridge, Illinois 60068

P: 847.723.9484
Lgh-chrc@advocatehealth.com

Sibsensations

Siblings can be profoundly impacted by having a sibling with special needs. At Advocate Children’s Hospital in Park Ridge, we offer Sibsensations, a sibling support group for brothers and sisters who have siblings with developmental and/or physical disabilities. Children meet peers with similar experiences in a fun and friendly atmosphere, where they can discuss their common joys and concerns. They learn how to handle situations they all face regularly and discuss the implications of having a brother or sister with special needs. Upcoming meetings are scheduled on 4/16/2016 and 5/21/2016 from 9:00 a.m. – 11:30 a.m. Registration is required.

Please contact Kathryn Smart MS RN CRRN (847) 723-9413.

**Mike Dunleavy, Chicago Bulls Guard and Benny the Bull Visited Advocate Kids on Thursday**

It’s never a dull day when Mike Dunleavy and Benny The Bull stop by! They talked, danced, laughed and even played some hoops with our pediatric patients!

It’s great to see how our partnership with the Chicago Bulls make these memorable moments happen for some of our youngest patients.
Passover (Pesach) begins at sundown on Friday, April 22 and continues until sundown on Saturday, April 30, 2016. Passover celebrates the escape from Egypt more than 3,000 years ago, according to the biblical Book of Exodus. The first, second, seventh and eighth days of Passover are considered major holy days for many Jews when all work, apart from cooking for the festival, is proscribed. The Bible indicates that the Israelites were enslaved to Pharaoh in Egypt. Moses and Aaron sought to free the children of Israel. After 10 plagues, The Exodus from Egypt toward the Holy Land began.

The Bible records special foods connected with Passover. The most well-known of these is Matzah (unleavened bread or the “bread of affliction”). Matzah reminds Jews that, while enslaved, their ancestors were not able to partake of a free person’s diet. Another explanation for the Matzah is that the Israelites were forced to bake their bread hastily while escaping Pharaoh. In any case, the Passover Seder meal is traditionally held on the first and second nights of Passover. The Seder is an actual reenactment of the first Passover. Jews recount the Passover story with a ritual script – Hag-gadah (the telling) -- while seated at the Seder Table, which features traditional, symbolic food items, including the bitter herb that is a reminder of the bitterness of servitude in Egypt. Selected Biblical Psalms of praise and thanksgiving are also recited during the synagogue observance throughout Passover.

Jews greet one another on Passover by saying, Chag Sameach (Hebrew) or Gut Yontef (Yiddish). These greetings are also meaningful when extended by members of the non-Jewish community. Passover includes strict dietary proscriptions, which disallow any type of bread or leavened products during the eight days. Specially labeled Kosher for Passover foods are made available throughout the holiday, beginning at lunch on Friday, April 3 which can be ordered directly from Hospital Food Service by patients and family members at 847-723-6130. Kosher for Passover Matzah will be available at Top Deck in a set aside area, as will Kosher for Passover meals. When a patient’s diet permits, ritually kosher certified grape juice and Matzah are traditionally consumed on the Yontefs (the most significant times within the Holy Day) at dinner on April 22, 23, 28, and 29; and at lunch on April 23, 24, 29, and 30. Electric Sabbath/Holy Day candles are available to be lit as is traditional on April 22, 23, 28, and 29.

Those desiring to borrow Electric Sabbath/Holy Day candles or seeking more information about Passover may consult Rabbi Len Lewy, Jewish Chaplain at leonard.lewy@advocatehealth.com or 847-723-6395. A Model Jewish Passover Seder including with traditional ritual symbols will be conducted in the Sasser Conference Room on the 10th Floor beginning at 11:00 am on Wednesday, April 13 for patients, family members, staff, and volunteers. If interested in attending, please rsvp to 847-723-6395 by Wednesday, April 6. This Seder will also be available for viewing in patient rooms on hospital Channel 12 during Passover.
Because we care about your health and safety, Lutheran General Hospital wants you to...

Wear a helmet and bike right!

Each year, more than 300,000 children are treated for bicycle-related injuries in hospital emergency rooms. Fortunately, wearing a helmet can reduce the risk of serious head injury by 85%. That is why Lutheran General Hospital is offering low cost bicycle and multi-sport helmets for you and your family. These helmets are certified by the CPSC (Consumer Product Safety Commission) and are designed to meet or exceed CSA & ASTM safety standards. The multi-sport helmets have the extra protection required for use with in-line skates and skateboards as well as bicycles. (They are not intended for motorized use.)

Low cost bicycle and multi-sport helmets for sale
Toddler, youth and adult helmets are available

Now, how do you get your child to wear the helmet?
The American Academy of Pediatrics offers these helpful tips:

- Wear one yourself
- Reward your child for wearing a helmet
- Always insist that your child wear his/her helmet
- Point out professional athletes who wear helmets when participating in sports
- Encourage other parents to get their children to wear helmets

Contact the Trauma Service Office
8 South Lutheran General Hospital
847.723.6522, press #1, Monday – Friday
BIKE HELMETS FOR SALE!

- Various sizes available (toddler, youth, adult)
- Designer colors/graphics
- Free helmet fittings
- Youth and adult multi-sport helmets also available

Low cost helmets, cash or check
Wednesdays 10 am – 3:30 pm
or call for an appointment

PLEASE CALL 847.723.9484 FOR FURTHER INFORMATION.

Children’s Health Resource Center
Yacktman Pavilion
1675 Dempster Street
Park Ridge, IL 60068
advocatechildrenshospital.com

Advocate Children’s Hospital
Inspiring medicine. Changing lives.

Sold in partnership with the Advocate Lutheran General Hospital Trauma Service