We welcome your interest in Advocate Lutheran General Hospital’s Psychiatry Residency Program. ALGH is a 638-bed teaching hospital located adjacent to Chicago on the northwest side. We proudly provide physicians in 71 specialties and subspecialties, and have been ranked a national “Top 100 Hospital” for 18 consecutive years. Within this enriched educational environment we offer a close-knit and personal psychiatry training experience with just three residents per year. We take great pride in the supportive and collegial culture we create between the residents and faculty in our program.

Below are some of our qualities we’d like you to know about:

- We offer a full continuum of mental health services which are all located on-site, including:
  - Adult, geriatric, and child and adolescent inpatient units
  - Both adult, child and adolescent partial hospitalization programs
  - Robust consultation/liaison service
  - Robust ECT experience
  - Outpatient clinic adjacent to the hospital
  - Russell Research Institute to support scholarly activity

- Our faculty has been hand-picked for their knowledge, experience, and enthusiasm for teaching

- 25% of our residents pursue fellowships after graduation, primarily in Child and Adolescent Psychiatry.

- Many of our alumni practice clinical psychiatry locally, and several have chosen to pursue academic careers.

- We have a perfect 100% ABPN certification pass rate for the past five years

Please take a look at the attached materials to learn if we might be a good fit for your educational needs. We hope that as you learn more about our residency, you will become as excited as we are about the psychiatry training experience.

Warmly,

Marla Hartzen M.D.
Director of Psychiatry Training
Advocate Lutheran General Hospital
Director of Psychiatry Faculty Practice
Advocate Medical Group
1775 Dempster - 8 South
Park Ridge, IL 60068
847.723.7875
Didactic Curriculum

Didactics by year of training

1st & 2nd Year
The Art of Interviewing
Emergency Psychiatry
Managed Care
Legal Psychiatry
Diagnosis Seminar
Introduction to Cognitive Behavioral Therapy
Biological Psychiatry & Pharmacology
Culture and Psychiatry
Residents as Teachers
Child and Adolescent Psychiatry
Literature Review (“Journal Club”)
Grand Rounds
Teaching Rounds (“Jeopardy” format)
Conversation Group
Geriatric Psychiatry
Neuropsychological Testing Case Analysis Adventure
Dementia Conference
Behavioral Neurology
Neuropsychiatry

Elective Opportunities
Contemporary Topics in Psychiatry Literature
Culture and Psychiatry
Teaching and Learning Opportunity
Psychiatry Case Report
Adult Down Syndrome Center Experience
Advanced Child and Adolescent Psychiatry
Advanced Consultation-Liaison Psychiatry
Advanced Cognitive Behavioral Therapy Ethics
Advanced ECT
Family Therapy
Geriatric Psychiatry
Grand Rounds Presentation
Advanced Group Therapy
Advanced Inpatient Psychiatry
Advanced Neurology Sleep Disorders
APA MindGames
Teach Your Peers
Independent Lifelong Learning
Eating Disorders Group Therapy
Transcranial Magnetic Stimulation

3rd & 4th Year
Advanced Cognitive Behavioral Therapy
Advanced Pharmacology
Supportive and Expressive Psychotherapy
Interpersonal Psychotherapy
Group Therapy
Grand Rounds
Literature Review (“Journal Club”)
Case Analysis Adventure
Conversation Group
The History of Psychiatry
Forensic Psychiatry
Ethics, Psychiatry, and the Law
Life After Residency
Senior Presentation (PGY4)
Working with Trauma Services
Advanced Interviewing and the Psychodynamic Formulation
**Clinical Curriculum**

<table>
<thead>
<tr>
<th>PGY-1</th>
<th>Two 4-week blocks</th>
<th>Two 4-week blocks</th>
<th>Two 4-week block</th>
<th>One 4-week block</th>
<th>One 4-week block</th>
<th>Five 4-week block</th>
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<tbody>
<tr>
<td></td>
<td>Internal Medicine</td>
<td>Family Medicine</td>
<td>Neurology</td>
<td><strong>Emergency Psychiatry</strong></td>
<td>Addiction Psychiatry</td>
<td>Inpatient Psychiatry</td>
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<td>And/or Pediatrics</td>
<td>And/or Emergency</td>
<td>Medicine</td>
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**M-F, 8:30 am – 4 pm at the Westside VA, Chicago Healthcare System.**

<table>
<thead>
<tr>
<th>PGY-2</th>
<th>4 months</th>
<th>1 month</th>
<th>4 months</th>
<th>3 months</th>
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<tbody>
<tr>
<td></td>
<td>Inpatient Psychiatry</td>
<td>Inpatient Psychiatry</td>
<td>Inpatient Psychiatry</td>
<td>Child &amp; Adolescent Consult ECT</td>
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<tr>
<th>PGY-3</th>
<th>3 months</th>
<th>6 months</th>
<th>3 months</th>
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<tbody>
<tr>
<td></td>
<td>Outpatient Partial Hospital Program</td>
<td>Outpatient Community Psychiatry</td>
<td>Outpatient</td>
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* ½ day/week at Advocate Illinois Masonic Medical Center’s Community Psychiatry Clinic.

<table>
<thead>
<tr>
<th>PGY-4</th>
<th>4 months</th>
<th>4 months</th>
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<tbody>
<tr>
<td></td>
<td>Outpatient Consult</td>
<td>Outpatient Senior</td>
<td>Outpatient/Electives</td>
</tr>
</tbody>
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QI/Research (12 months, part-time)

We welcome resident participation in research and elective educational activities throughout all years of training.
1st Year

The PGY-1 year is divided among primary care “internship,” inpatient and outpatient neurology, addiction psychiatry, adult inpatient psychiatry and emergency psychiatry. The primary goal of the first year is the development and solidification of the resident’s identity as a physician with direct responsibility for patient care. During the primary care rotations in internal medicine, family medicine, pediatrics or emergency medicine residents also learn about diagnosis and management of problems commonly seen in a general hospital. In neurology the goals are to refine skills in neurological evaluation and examination and to learn about conditions commonly seen in neurological practice, as a broad understanding of neurological disease is invaluable for a successful general psychiatrist. In adult inpatient psychiatry the resident begins to integrate their identity as a physician into the practice of psychiatry. The resident also develops knowledge and skills in psychiatric assessment, diagnosis, and treatment of the psychiatric patients served by a general hospital. Call frequency is 4-5/month and ends at 11:00 p.m. There is no overnight call.

2nd Year

The PGY-2 year is devoted to inpatient psychiatry in a variety of settings. The resident is expected to develop skills and knowledge in the diagnosis, hospital management, and treatment of patients across all ages suffering from a full spectrum of psychiatric disorders which require hospitalization. Skills developed include conducting complete psychiatric evaluations, creating thorough differential diagnoses, providing cognitive behavioral and supportive psychotherapies, and engaging in collaborative management with a multidisciplinary team. Residents learn the phenomenology and diagnostic criteria of major psychiatric disorders, the principles and practice of psychopharmacology, and the theory and practice of inpatient psychotherapy. Call frequency is 3/month.

3rd Year

The PGY-3 year is anchored in outpatient psychiatric services. Residents function with greater autonomy commensurate with their growing skills and knowledge base. The core of the experience is evaluation and ongoing psychiatric treatment in the outpatient setting for patients from adolescent to geriatrics. Psychotherapy skills expand and there is a greater focus on psychodynamic principals as well as application of more advanced cognitive behavioral therapy strategies. Residents learn about group therapy at the partial hospital program on site and may choose to also attend a local eating disorder group to expand these skills further. Call frequency is 1/month.

4th Year

The PGY-4 year emphasizes advanced preparation for entry into either independent psychiatric practice or subspecialty fellowship training. Senior residents are encouraged and expected to function with a greater degree of independence and responsibility. Rotations emphasize cooperative interaction with other members of the medical and allied health professions, the development of teaching habits and the provision of ongoing patient care in the context of therapeutic relationships. Residents pursue elective opportunities for much of the year, and also create a class of their choosing for our medical students. There are no calls during the 4th year.
Advocate Lutheran General Hospital provides a full continuum of psychiatric services. Residents learn their clinical skills by participating in patient care in each of these settings:

**Inpatient Service Units**

**Geriatric Psychiatry**
Our 14-bed closed unit is exclusively for patients aged 60 and over. The unit provides a short-term diagnostic and treatment program that deals with the complex physical and psychological changes that relate to aging. Many patients have concomitant medical problems. There is regular participation on the unit in the clinical care and teaching by Geriatric Medicine faculty and fellows.

**Adult Psychiatry**
Our 23-bed locked General Adult Psychiatry unit is supported by both teaching and community psychiatrists. A broad range of cases are seen, and focus is on diagnostic assessment, patient stabilization, and treatment initiation.

**Inpatient Child & Adolescent Psychiatry**
Our 13-bed unit locked C&A unit provides comprehensive assessment, diagnosis and treatment to younger patients from kindergarten through high school. Family involvement is integral to the care provided.

**Addiction Treatment Services**
Various hospital units provide treatment to substance dependent patients admitted to ALGH. Patients are medically overseen as they are being detoxed from alcohol and other drugs. Treatment plan and recommendations are developed according to individual needs.

**Partial Hospital Service**

**Adult Partial Hospitalization Program**
The Adult Partial Hospitalization Program is an intensive, structured step-down and/or alternative to inpatient treatment. The program helps patients adjust to and cope with their psychiatric illness, deal with crises and transition back to community living and work activities.

**Child & Adolescent Day Treatment Program**
The Child/Adolescent Day Treatment Program is designed to evaluate and treat symptoms of school age children with severe emotional, behavioral, or social problems who can be maintained safely within the home during evenings and weekends. The child/adolescent is assisted in integrating more successfully into their family, school and community.

**Outpatient Services**

**Advocate Medical Group Teaching Practice**
Our faculty and resident practice, located in the hospital’s adjacent professional building, draws a broad range of patients from the near northwest suburbs and the northwest portions of Chicago.
Psychology/Neuropsychology Laboratory

The Neuropsychology Laboratory assesses a wide range of neurological and neuropsychiatric disorders. Psychologists evaluate cognitive and behavioral changes such as memory loss, reduced attention span, intellectual decline, and personality change. Selected tests are administered to help diagnose problems, aid rehabilitation plans, and educate patients. The primary sources of referrals are Rehabilitation Medicine, Psychiatry, and General Medicine. Both inpatients and outpatients are served. The Cognitive Rehabilitation Program provides inpatient and outpatient services to rehabilitation patients of Lutheran General Hospital, with specialized programs in Traumatic Brain Injury.

Sleep Disorder Clinic

The sleep disorder clinic is located on the hospital campus and run under the auspices of the neurology department. Residents are encouraged to participate in this experience during their PGY-1 neurology rotation as well as a later elective opportunity.
Benefits

Insurance
Medical Benefits
Vision Benefits
Meal Allowance
Education Allowance

2017 - 2018 Salaries:
PGY-1 = $54,863
PGY-2 = $57,130
PGY-3 = $59,924
PGY-4 = $62,795

NRMP Code: 2117400C0
ACGME ID: 400-16-21-257