Stroke Risk in Women: Hot Topics
Saturday, October 18, 2014 | 7:15 am – 12 pm
Advocate Lutheran General Hospital | Olson Auditorium

7:15 – 8:00 am  Registration and breakfast
8:00 – 8:05 am  Welcome and Opening Remarks
Jerry Bauer, MD, Neurosurgery
Co-Medical Director, Neuroscience Institute, Advocate Lutheran General Hospital

8:05 – 8:50 am  Oral Contraceptives, Hormone Replacement Therapy, Migraine and Stroke Risk
Philip Gorelick, MD, MPH
Medical Director, Hauenstein Neuroscience Center, Mercy Health Saint Mary’s &
Professor Translational Science and Molecular Medicine
Michigan State University College of Human Medicine

8:50 – 9:30 am  The Challenge of Aneurysms, AVMs and Sinus Thrombosis in Pregnancy
George Bovis, MD, Neurosurgery, Center of Brain and Spine Surgery, Advocate Lutheran General Hospital

9:30 – 10:10 am  Pregnancy Related Ischemic Stroke and Reversible Cerebrovascular Syndromes
Susan M. Rubin, MD, Vice Chair Education and Academic Affairs, Department of Neurology
NorthShore Medical Group, NorthShore University HealthSystem

10:10 – 10:20 am  Break

10:20 – 11:00 am  Gender Differences in Stroke Across the Lifespan—2014 AHA Guidelines for Prevention of Stroke in Women
Manisha Sahay, MD, Neurology with Subspecialty Interest in Women’s Neurology
Northwest Neurology, Advocate Good Shepherd Hospital

11:00 am – 12:00 pm  Case Presentations and Panel Discussion
Moderator: Wayne Rubinstein, MD
Panel: George Bovis, MD
Philip Gorelick, MD, MPH
Thomas Grobelny, MD, Neurointerventional Surgery
Barbara Parilla, MD, Maternal Fetal Medicine
Susan M. Rubin, MD

12:00 – 12:05 pm  Closing Remarks
Wayne Rubinstein, MD, Neurology
Co-Medical Director, Neuroscience Institute, Advocate Lutheran General Hospital

Learning Objectives:
1. Describe how oral contraceptives, HRT and therapies for the treatment of
   migraines increase the risk of stroke in women.
2. Determine when it is appropriate to refer an expectant mother with
   aneurysms, arteriovenous malformations or sinus thrombosis to a
   maternal fetal medicine specialist.
3. List factors that increase a woman’s predisposition to stroke during
   pregnancy and appropriate management.
4. Identify how hormones, reproductive health, pregnancy, childbirth and
   other sex-related factors affect the risk of stroke in women.
5. Apply knowledge gained through case presentations and panel discussion.

Target Audience: Physicians—Neurologists, Neurosurgeons, OB/GYN and
Primary Care, Physician Assistants and Nurses

Format: Lecture, case-based and panel discussion and Q&A

Commercial Support: There is no commercial support for this activity.

Accreditation statement: Advocate Health Care is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Advocate Health Care (OH-368, 10/1/2014) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Commission on Accreditation.

Credit designation statement: Advocate Health Care designates this live activity
for maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should claim only
the credit commensurate with the extent of their participation in the activity.

3.75 contact hours will be awarded for successful completion of the program.
Criteria for successful completion for nurses: completion of the evaluation and
attendance of the entire event.

Disclosure: Acknowledgment of all disclosures, e.g. nothing to disclose or
existence of relevant financial relationships, will be made at the activity.
Conflicts of interest will be identified and resolved prior to the activity.

Registration is required. Web registration is the preferred method:
Visit advocatehealth.com/seminars or call 1.800.3.ADVOCATE (1.800.323.8622)
Monday – Friday, 7 am to 7 pm, Saturday, 9 am – 2 pm.

Registration Fee: $25.00

Registration Deadline: Friday, October 10, 2014. Free parking, continental
breakfast provided.