Stop the Spread of germs that make you and others sick

Cover your mouth and nose with tissue when you cough or sneeze

Toss the Tissue in Trash after you use it

Wash your hands frequently with soap and water

Cough or Sneezed into your upper sleeves or elbow, not your hands

Touching your eyes, nose and mouth, germs on your hands can transfer into your body

You may be asked to put on a face mask