Sleep apnea masquerading as dementia

by Adult Down Syndrome Clinic on Friday, October 15, 2010

We have mentioned in our books as well as on posts on this Facebook page that sleep apnea can cause many health problems. One of them is causing a person to have cognitive skill loss. This can appear to be a non-reversible dementia (such as Alzheimer Disease). We have evaluated and treated many patients with Down syndrome for sleep apnea who presented with a loss of skills.

This is also being found in people without Down syndrome. The link below is to an interesting article in the New York Times.

http://newoldage.blogs.nytimes.com/2010/10/06/when-sleep-apnea-masquerades-as-dementia/?emc=eta1%EF%BB%BF