Green Zone: See your primary care physician or nurse practitioner (PCP)
Schedule an appointment for:
- Checkups, immunizations, health screenings
- Chronic conditions such as diabetes, high blood pressure, asthma, emphysema, heart disease
- Fever, sore throat, cough, ear pain, colds and flu
- Urinary tract infections
- Injuries such as sprains, cuts
- Rash
- Other infections
- Mild headache
- Vomiting, diarrhea, abdominal pain

Yellow Zone: Get immediate care
You’re unable to reach your PCP and you need care for an illness or injury that cannot wait. (See Reverse)

Red Zone: Go to Emergency Department or call 911
Emergency room copay applies.
You have severe life-threatening symptoms such as:
- Chest pain or pressure
- Choking
- Extreme pain
- Serious injury to the head, neck or back
- Suspected poisoning or overdose from medicine or alcohol*
- Stroke symptoms such as loss of balance, face drooping, one-sided weakness, speech or vision difficulty, severe headache
- Severe stomach pain
- Severe burn
- Suicidal thoughts or ideas**
- Trouble breathing
- Uncontrolled bleeding
- Uncontrolled shaking or seizure
- Loss of consciousness (passed out)

- If your child is younger than one month – and has a temperature of 100.4°F or higher.
- If your child is not acting right – not making eye contact, feels limp or has a strange cry.
- If your child is having difficulties breathing or starts to turn blue.
- If your child has uncontrolled shaking and you suspect a seizure.
- If your child shows signs of dehydration – not making tears, has a dry mouth and dry diapers.

*Illinois Poison Center: 800-222-1222    **National Suicide Prevention Lifeline: 988

Please call your regular doctor or nurse practitioner as soon as possible after an emergency department or immediate care visit so they can help you with any follow-up care.

Talk to your doctor if you have any questions about these options.
To find a doctor, go to aah.org/primarycare2 or call 855-456-5687.
Immediate Care Options

If you need immediate care and are unable to reach your primary care physician or nurse practitioner’s (PCP) office, you may be seen at the following locations. Please verify coverage with your health insurance provider.

**Advocate Medical Group (AMG) Immediate Care Clinics**
PCC office visit copay applies.
Will see patients 6 months and older.
979 W. Main St.
West Dundee, IL 60118
847-426-9396

**Advocate Clinic at Walgreens**
PCC office visit copay applies.
Will see patients 12 months and older
For additional information, hours and locations visit advocatehealth.com/walgreens or call 800-323-8622.

- **Advocate Clinic at Walgreens**
  5500 County Farm Rd.
  Hanover Park, IL 60133
  800-323-8622

- **Advocate Clinic at Walgreens**
  3351 W. Main St.
  St. Charles, IL 60175
  800-323-8622

- **Advocate Clinic at Walgreens**
  12000 Princeton Dr.
  Huntley, IL 60142
  800-323-8622

- **Advocate Clinic at Walgreens**
  3925 W. Elm St.
  McHenry, IL 60050
  800-323-8622

- **Advocate Clinic at Walgreens**
  12000 Princeton Dr.
  Huntley, IL 60142
  800-323-8622

- **Advocate Clinic at Walgreens**
  3925 W. Elm St.
  McHenry, IL 60050
  800-323-8622

- **Advocate Clinic at Walgreens**
  12000 Princeton Dr.
  Huntley, IL 60142
  800-323-8622

- **Advocate Clinic at Walgreens**
  3925 W. Elm St.
  McHenry, IL 60050
  800-323-8622

- **Advocate Clinic at Walgreens**
  12000 Princeton Dr.
  Huntley, IL 60142
  800-323-8622

- **Advocate Clinic at Walgreens**
  3925 W. Elm St.
  McHenry, IL 60050
  800-323-8622

**Advocate Sherman Immediate Care Centers**
Immediate care visit copay applies.
All ages seen at these facilities.
X-ray facilities and labs on-site (no blood testing available on Sundays)
IV fluid therapy for adult patients

- **South Elgin**
  2000 McDonald Rd South
  Elgin, Illinois 60177
  224-783-5000

- **Elgin**
  2320 Royal Boulevard
  Elgin, IL 60123
  224-783-4440

- **Algonquin**
  600 S. Randall Road
  Algonquin, IL 60102
  224-783-4300

Please call your regular doctor or nurse practitioner as soon as possible after an emergency department or immediate care visit so they can help you with any follow-up care.

Get the mobile app. Access tools to help you and your family live well – all in one place. To download the app, use your phone to scan the QR code. Learn more at aah.org/livewell

Your health and safety is our highest priority. We're taking extra steps to keep you and your family safe.